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# unity

PACIFIC SCHOOL OF RELIGION

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# *Healing & Prosperity Thoughts*

*by Charles Fillmore*

TO BE USED FROM

*NOVEMBER 20 to DECEMBER 19*

❦

*Healing:* I praise the Spirit of health, and my health is magnified.

AT NINE P. M. EACH DAY CLOSE YOUR EYES AND REPEAT FOR FIFTEEN MINUTES SILENTLY, AND TRY TO REALIZE SPIRITUALLY, THIS HEALING THOUGHT.

❦

*Prosperity:* My success springs into action when I praise its presence and power.

AT TWELVE NOON EACH DAY REPEAT FOR FIFTEEN MINUTES, AUDIBLY AND THEN SILENTLY, THIS PROSPERITY THOUGHT.

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UNITY

*Devoted to Christian Healing*

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# *How Unity Has Demonstrated Prosperity*

CHARLES FILLMORE

I MIGHT ALMOST say that the Unity work has been developed from less than nothing to the present state of unfoldment through faith—faith in God and prayer—and an understanding of the principles that lie back of all manifestation of every kind.

The present article will of necessity be somewhat personal because the financial end of the Unity work has been largely my concern, and I have spiritually at least assumed responsibility for the economic policy of the Unity enterprise as a whole. Also many of the early financial burdens of the work were inherited, we will say, from my personal obligations which I had assumed in the business world.

At the time when Mrs. Fillmore and I began the study of Truth I was a real-estate speculator. As most residents of Kansas City in the years past know, we

have had slumps in real estate. Just before we began our study we had one of these slumps, and it caught us right in the midst of a great many debts that could not be paid from real estate; and they were held against me and of course the family. These were the great handicaps that had to be taken into account.

In other words, we began this Unity work with absolutely nothing, even less than nothing. We had bills of various kinds, judgments unsatisfied; and the family had to be supported, and there was no income. These and other obligations too numerous to mention became a burden that seemed overwhelming at times. I would say that this burden was not lifted all at once. Uncle Sam did not come forward with a government loan, neither did any other uncle show up with a loan. For several years it seemed like what might be called a nip-and-tuck proposition, between the Lord and the sheriff, but the Lord was always just a neck ahead; and we found that we did not go down, that is all. The fact is that at one time the sheriff levied on everything we had—it wasn't very much. He kept possession of our affairs for several days; but as in other matters, we finally compromised and met the judgment. (I had indorsed a note for a man, and he had not paid, and I had to pay it.)

This is just an example of the early lean years that we went through. But as the years went by we became more and more familiar with the divine law, and the road became easier. I would say that we all find that this law of God as man's resource is something that has to be studied as you would study mathematics or music or anything else. So we found

that there were no miracles in demonstrating the financial resources of Spirit, and I would say that the law of the Lord is as exact as the laws of mathematics and that those who demonstrate this law constantly must be educated in the mental and spiritual methods of the law.

It does not make any difference how small the start may be; whether you start with a single prayer or a single word. We began this work in a small office in a building downtown, and we outgrew that. We moved to a residence at Thirteenth and McGee; then to one at 913 Tracy Avenue, which was merely a frame house on a fifty-foot lot, and we bought it on time. The fact is we had just one "blessed" penny to begin the work with, and when we moved here we had our meetings in that frame house.

We finally moved the house to the back of the lot, determined to build on the front. We did not have anything but faith in God—no houses, lands, stocks, bonds; and none of our people had. One man however had great faith, and we decided to put up the front of the building. We had our meetings in the Sunday school room and easily filled that with the congregation. We had this "blessed" penny and kept blessing it, going forward; got enough money to excavate on the front. Our man of great faith owned a little home where he lived, and he had the courage to put a mortgage of fifteen hundred dollars on it, and he loaned this money to the Unity Society. That started us, and from that time on we seemed to go forward more easily. I should like to remark right here that all those who put their shoulder to the wheel and have kept pushing all these years

have not only helped Unity to be prosperous but have become prosperous themselves. This is the law without exception.

There was never a personal solicitation for funds. We just asked the Lord to open the way; and as I remember it, since that first great demonstration—we consider it a demonstration that this man had courage enough to make a loan for the benefit of the society—since that time our demonstrations financially have not been miraculous. Some people may think that they are the result of just natural effort; but we could see that our work was being engineered by a power higher than our own. We did not have the courage to do what our consciousness of God as our resource might have led us to do, but gradually our demonstrations broadened in size until we found ourselves handling large issues and assuming financial obligations that would have staggered us in the beginning.

As we sent forth the word of Truth the demand for it increased far beyond anything we had expected. When our readers began to realize that we were teaching something that was religiously true and eminently practical, the monthly contributions became a prominent and permanent source of supply. Seeing that we were demonstrating prosperity, the people at large assumed that we had some wealthy sponsor, some financial arrangement sponsored by wealthy men and women. This however was never the case. Our support has come mostly from those whom the world calls poor and from people in just moderate circumstances.

Although we make no distinction at all in our

ministry, those having a very slender income seem to follow our ministry. This seems to be the rule. While in California a few years ago I spoke with a woman who had a successful Unity center. I said, "I presume your prosperity consciousness has drawn to you some of the wealthy movie people." She replied, "On the contrary, it is the servants of these wealthy movie people who support our society." She said that a large number of movie people read Unity literature, but she seldom saw them in her congregation. We find this to be the rule. We make no special effort to draw wealthy people, and they do not seem to gravitate to us. But as Jesus demonstrated we serve the poor people cheerfully, gladly, without setting a price on anything we do. We think we are following in the footsteps of Jesus. We are thankful that this is the case. It is all right for the rich to be served and to get the benefit, but there are others, and we are glad to serve all.

The fact is that what we term prosperity is not really based upon wealth. We don't believe that the possession of large sums of money is really evidence of true prosperity. Prosperity under the divine law is the attainment of a consciousness where the inflow and the outflow are equal. Jesus taught this in the Lord's Prayer: "Give us this day our daily bread." The truly prosperous are not worried or anxious as to how they are to eat or sleep, nor how they are to pay their taxes and other obligations. Let the possessors of great wealth worry over these things. The really prosperous are those who have faith in God and are honest in their efforts to do what comes to them to do day by day.

By following a just and undeviating law men are prosperous and happy in their prosperity. This is the prosperity that is being enjoyed by Unity people everywhere, when they trust in God and comply with the law of justice, equality, unity. The steady ongoing of Unity School is evidence that it is using principles that are based upon demonstrable law.

Our obligations have been heavy at times; but so far as any security for our creditors is concerned, we can offer only the security of God. We never have had a sinking fund or a financial reserve Only unity with God enters into our scheme. Yet we have passed through several panics in which other institutions have failed. During the great depression, which was disastrous to enterprises that financially were comparatively safe, Unity with its day-by-day trust in God for support pulled through; and by comparison with these financially safe institutions it might have seemed a rather weak sister!

Most of us have asked what really is the technical or detailed explanation of the law that we put into action? I should say that from the very beginning of our work everybody connected with Unity was asked to make prayer the keynote of every act. We have literally fulfilled the command "Pray without ceasing." We prayed without ceasing; and the older the work gets the more we pray, the more avenues we find through which to express prayer. Not only do we pray without ceasing but Unity readers the world over are asked to join us every day in our class prayer. All Unity people are more or less familiar with these so-called "class thoughts," which are really class prayers. At nine o'clock every

night our readers are asked to join in the thought and hold it in the silence, and we all pray together. It makes an army of thinkers thinking health. Take a stand in Truth and the Lord will work with you in establishing you in divine prosperity.

The six hundred workers at Unity headquarters join in prayer daily at 8 a. m. Again at 11 a. m. all join in a prayer. At high noon, 12 o'clock, a prayer service is held by Silent Unity and the local healers. (The noon hour is also observed by many Unity centers throughout the country.)

Every Friday at 2:30 p. m. Silent Unity has a special prosperity meeting lasting half an hour. This meeting is not only for the benefit of Silent Unity but for that of all Unity centers and Unity people everywhere.

Every day the bindery workers stop and pour out a prayer of blessing upon every piece of literature passing through their hands.

Every day all the outgoing mail is blessed and prayed over. A daily service of blessing and prayer both over letters going out and letters coming in is held in Silent Unity, and all our more than a hundred Silent Unity workers are familiar with the practice of silently blessing all the letters they handle.

The letter openers bless and pray for the writers of the letters before they open them.

One of the outstanding reasons for the success of the Silent Unity ministry is the "pray-without-ceasing" group. Day and night, year in and year out, Silent Unity is praying for the illumination, the health, and the prosperity and happiness of God's

people everywhere. Telephone Victor 8720, Kansas City, Missouri, from any part of the earth at any time, and you will get an immediate response, by the invisible God radio or any other means of communication that we may be moved to use.

In addition to the work of the Unity School I might call your attention to the local Unity society, with offices at 913 Tracy. Here are healers and assistants who daily minister to people locally. We should need another article to tell you about the society's marvelous prosperity demonstrations and the new Unity Temple it is building.

Give God the glory. Lay hold in your mind of the one omnipresent Mind by quietly realizing that it is blending and unifying itself with your mind, that you are in it and it is in you: "I in them, and thou in me." When your mind has made a certain contact or union with the Father-Mother Mind you will have a feeling that you are being filled with an invisible substance that is charging you somewhat as an electric current charges a battery. When you begin to feel the presence of this spiritual substance—as you surely will if you persist in mentally feeling for it—then give thanks for whatever you want in the manifest. Say with assurance, "I thank Thee, Father, that Thy abundant and all-potential substance is now being made manifest to meet all my needs."

You can be specific or universal in your asking. Jesus said, "Whatsoever ye shall ask in my name, that will I do."

I have found that asking in the name of Jesus Christ strengthens immensely my consciousness of

the Father substance, which is so necessary to the demonstration.

The more you practice this presence of God as Spirit substance the more powerfully you will feel it, until it becomes such a tangible reality to you that your inner consciousness will make contact with your outer thought almost the instant you mentally call upon it.

A company of persons gathered in the name of Jesus Christ can build a spiritual place in the ether and make it a continuous, spiritual battery, from which rays of energy and spiritual substance can be radiated to believing minds anywhere on earth.

The Christ mind will take up its abode in such a center of spiritual energy and co-operate with the minds in it in broadcasting health, wealth, and spiritual understanding everywhere. "Where two or three are gathered together in my name, there am I in the midst of them." "Whosoever shall not doubt in his heart, but shall believe that what he saith cometh to pass; he shall have it." As I say, we are demonstrating this, and it is being demonstrated everywhere. There is no question about it. It is not only reasonable and clear, but we have been proving it for sixty years, and we are going to go right on proving it. Those who believe with us will demonstrate the Truth just as we have done. We have no corner on God; we have never implied this in any way. Like everybody we come to the great divine fount of infinite, omnipresent substance and receive fully and freely.

One of Jesus' parables illustrates the effectiveness of persistency in prayer.

"And he spake a parable unto them to the end that they ought always to pray, and not to faint; saying, There was in a city a judge, who feared not God, and regarded not man: and there was a widow in that city; and she came oft unto him, saying, Avenge me of mine adversary. And he would not for a while: but afterward he said within himself, Though I fear not God, nor regard man; yet because this widow troubleth me, I will avenge her, lest she wear me out by her continual coming."

"I will pray with the Spirit, and I will pray with the understanding also."

"Rejoice always; pray without ceasing; in everything give thanks: for this is the will of God in Christ Jesus."

## God's Law

*John D. Engle, jr.*

One day as I perused the pages of the Book of Books,
Finding little words of gold in little hidden nooks—
When woeful thoughts might have been mine,
I found these words to end them:
"Great peace have they which love thy law,
And nothing shall offend them."

And as I mused upon those words it seemed that every strife
Departed and peace ushered in the song of truer life.
Though wrongs and woes surrounded me,
These words were the sword to rend them:
"'Great peace have they which love thy law,
And nothing shall offend them."

# *Prayer for Material Things*

LAWSON WELLS

DID YOU EVER try praying the Lord's Prayer and leaving out the words, "Give us this day our daily bread"? You say that this would be sacrilege and unthinkable. Yet that is what everyone should do who says that he does not believe in praying for material things. If these words mean anything, it surely means that we are to pray for the material blessings of life. If the material things of life belong within the kingdom of God, then we should enlarge the circle of our asking and pray that our Father may grant us all our needs in the realm of the physical and material.

There are many good and valid reasons why every Christian should pray to God for the material blessings of life. The old idea that all material things are evil is a relic of primitive philosophies and religion and is not the teachings of the Bible and the principles of the Christian faith and life.

If you will read again the 1st chapter of Genesis, you will discover the eternal truth that God created all this material universe and at the close of each day of creation or aeon He pronounced His creations "good." At the end of all His work, He pronounced His material creations "very good." God has never changed that declaration of the goodness of His material creations. "The earth is Jehovah's, and the fulness thereof," we read in the 24th Psalm. This is still the Father's world, both material and spiritual.

God said to Peter at his noonday vision, "What God hath cleansed, make not thou common." We should feel justified in praying for those material things which God created and still calls "good."

God not only created this material universe and pronounced it "very good"; He also gave man to have dominion over all His material creations, as we read in Genesis 1 and in the 8th Psalm. He has never abrogated this gift of dominion given to man. Why then should it be thought wrong or evil to pray to God for the blessing of material things, since man will only be asking for that which was placed under his dominion at creation? We are asking for that which is our own by creation when we pray for the material blessings of life.

God created man with a physical nature and a body that is to be considered by man as holy and sacred. The Greek philosophies and religions of Paul's time held that the flesh, the body, is evil. That was why the philosophers at Athens walked out on Paul when he "preached Jesus and the resurrection." If you will turn to I Corinthians 3:16 you will find the Christian teaching in regard to the material body of man. "Know ye not that ye are a temple of God, and *that* the Spirit of God dwelleth in you?" We read in I Corinthians 6:20: "Glorify God therefore in your body." In II Corinthians 6:16 we have: "We are a temple of the living God." The most severe penalties are prescribed for those who defile or destroy the body. Since "the Word became flesh, and dwelt among us," the physical nature of man is sacrosanct and should be given the best of care.

Furthermore, God made man with a physical nature with many natural physical needs. Since God gave us these material needs, it should not be considered evil when we pray that God may keep us well and heal our body and supply it with all necessary material needs. In the Sermon on the Mount, Jesus referred to these natural needs of man as "what ye shall eat, or what ye shall drink . . . what ye shall put on." These material things are to be added unto us when we "seek . . . first his kingdom." Jesus had material things in mind as well as our spiritual needs when He said to the disciples on the last night of His earthly life, "Whatsoever you shall ask in my name: that will I do . . . If ye shall ask anything in my name, that will I do." Again we read that He said, "If ye shall ask anything of the Father, he will give it you in my name." Here is a most comprehensive promise made by Jesus: "All things, whatsoever ye shall ask in prayer, believing, ye shall receive." This promise surely includes material blessings. Again in John 15 He says, "If you abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you." When we have this twofold abiding God answers all our prayers.

Paul believed in praying for material blessings when he wrote to the church at Philippi, "My God shall supply every need of yours according to his riches in glory in Christ Jesus"; he could tell them, "I know how to . . . abound."

Wealth, money, material possessions are all sacred in the sight of God. I was brought up on the false teaching that "money is the root of all evil," which

is a wrong translation of I Timothy 6:10. The American Standard Version renders it thus: "The love of money is a root of all kinds of evil," which puts money in its true light. It is the "love of money" that is evil and not money itself. Jesus said, "Ye cannot serve God and mammon," but He did teach in the parable of the talents and true stewardship that we can serve God with money. Did you ever hear a minister preach on Ecclesiastes 10:19, "Money answereth all things"? I never did. But the making of money and wealth should be held as a sacred talent given by God for the service of man and the kingdom of God. The man with five talents made five other talents and was warmly commended by his master.

Material possessions are not evil in and of themselves. The evil consists in the wrong love for and use of material things. Jesus condemned the rich young ruler because of his selfish use of his possessions. Dives was too callous and careless in the use of his riches to alleviate the human needs at his own door. The love of money doomed Judas to disgrace and suicide. Wealth is power for God and human welfare when used by Christian stewards.

Many of the great men of the Bible were rich in the material things of life. Abraham walked by faith and was very rich. Jacob, the father of the twelve patriarchs, was a man of considerable possessions. Moses was rich in flock and herds. Job became one of the wealthiest men of the East as God prospered him. Two men of wealth served Jesus in the hour of His greatest need. Read again the account of the crucifixion and burial of our

Lord and discover anew who it was that went boldly to Pilate and asked for—some say he "bought"—the body of Jesus and had it placed in his own new tomb. It was "a rich man from Arimathea named Joseph." Who was it that went into the city and bought a hundred pounds of most costly myrrh and aloes and plenty of linen cloth for the embalming of the broken body of Jesus? It was the faithful Nicodemus. Thank God for the two men of material wealth who ministered to Jesus in His burial rites. If they had not done so, what then? We hesitate to say. "Zacchaeus stood, and said unto the Lord, Behold, Lord, the half of my goods I give to the poor." There was the beginning of a life of Christian stewardship.

Moses prayed for material blessings during the forty years of wanderings in the wilderness, the manna, the quails, food. Elijah prayed for rain for Israel and was answered. Elisha prayed that the widow's oil be increased, and it was. Daniel prayed for deliverance from material dangers and was answered. At the time of the great shipwreck at sea Paul prayed for the lives of all on board, and God answered his prayer.

The circle of the prayer life of Jesus was as large as human need. He prayed to the Father for material things before He fed the multitudes in the desert. He prayed before He broke the loaves and fishes and satisfied the physical needs of others. He prayed before He raised the body of Lazarus to life again. In fact we have a right to believe that before performing any miracle He prayed to His Father for the blessings bestowed. Twenty-four of

the thirty-three miracles recorded in detail recount the physical healing of men and women. Go back again to the "disciples' prayer" and repeat, "Give us this day our daily bread." The "added things" promised by Jesus are the material blessings that are needful for a rich and full life. In reply to the question of Peter, "What then shall we have?" He said that in return for their sacrifice of family and possession they were to receive "a hundred-fold, and . . . inherit eternal life." Jesus prayed for material things. He wants us to pray also for our daily needs.

Our Father wants His world in the possession of His obedient and faithful children and not in the hands of prodigal and wicked men. Most wars have been fought over material things, gold, commerce, trade, colonies, political domain. When this material world comes under control of Christian men and nations, wars will cease to the ends of the earth and for all time. Is not the control of the wealth of the world today largely in the hands of men and nations who do not have the conviction and practice of true Christian stewardship? Let us pray to God every hour that He may place under the care and rule of Christian men and nations the material possessions of this earth on which we live. The kingdom of God will come on earth among men when Christian trustees and stewards control the material resources and spiritualize them to the service of God and men. It is right and our bounden duty to pray that the material wealth of this earth be placed under the control of Christlike men and women. The Creator placed the natural resources in the earth for the use of all His children, not for

that of a few selfish exploiters. Christ says to us unqualifiedly, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." What? All the material and spiritual needs of man for body, mind, and spirit. God will supply every need of ours when we pray in faith.

There are certain prerequisites and safeguards that we must observe before God will answer our prayers for material things. Jesus said that before we can pray for and receive the material added blessings of life we must seek "first the kingdom of God." Again He says, "If ye abide in me, and my word abides in you," then pray for material blessings and they will be given. More than once He says that we are to pray in His name. God will not withhold any good thing from them who love Him if they meet the spiritual requirements. Christ still says to those who pray, "According to your faith be it done unto you." We are to make our petitions, "believing." Prayers of a selfish nature or for a selfish purpose are never answered. As we share so God heeds our prayers. "Give, and it shall be given you." We must be fully prepared spiritually before we dare ask God to shower us with material possessions.

UNITY magazine is "devoted to Christian healing." Christ and the early Christian church gave much time and prayer to the healing of the mental and physical ills of mankind. Much of this healing is connected with prayers for the restoration of health and wholeness to the physical, material body. Jesus healed the sick, opened the eyes of the blind, caused the lame to walk and raised the dead through prayers to His Father. "Is any among you sick?"

asked James. "Then let the elders of the church pray over him"; "the prayer of faith shall save him that is sick." He adds further, "Pray one for another, that ye may be healed." While all healing is basically mental and spiritual, the results in those made well are often of a material nature. When in answer to prayer God supplies all our needs, these must include the need for physical healing for many suppliants.

Unity School of Christianity has rendered a large service to mankind by its emphasis on prosperity. The "prosperity thoughts" that are repeated at noon every day have brought untold material and spiritual blessings to multitudes, including this writer. Prosperity and poverty are of the mind and spirit. God is more ready to answer our prayers for material prosperity than we are to make them. As parents we are willing and anxious to give the best gifts to our children, but how much more is the heavenly Father ready and willing to give the highest and best gifts to them that ask Him! Our Father wants all His children to be most prosperous. We are "heirs of God, and joint-heirs with Christ." We are the sons and daughters of the great and omnipotent God who freely gives His children all things. Let us thank God now and bless Him for supplying all our needs. This is my Father's world, and I am His child.

We are blessed beyond measure when we realize the great truth that we may pray to our Father for all things that are true and beautiful and good and He will give them to us. Why should we be content to live on the crumbs and husks of life when we may

feast every moment on the inexhaustible riches of our heavenly Father who has urged us, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." God has a heavenly home for all His obedient children. He also wants them to have a good earthly home in order to be most happy. Pray now that God may give you an earthly home of your own. Pray daily for your work and the increase of your income in order that you may have adequate resources to do the most for your family and for others. Pray daily for better work, the kind of job that you like best, if you are not now satisfied. Make the prayer of faith so much a part of your being that God will open the windows of heaven and pour you out a blessing that will overflow your life and fulfill all rightful needs. "My cup runneth over." Pray sincerely for those "added" things of life, food, drink, raiment, material blessings, and your Father will give them gladly. Why do so many righteous folks pray for the spiritual blessings of life and overlook the essential needs of material prosperity?

Our Father will as willingly bless us in the material realm as in the spiritual. Why not try looking to God to "supply every need of ours." He will do this very thing now if we will meet the spiritual requirement and ask Him in the prayer of faith. The omnipresent God will give us Himself as the richest gift. When we have God in our heart and soul, we have all of life. "Taste and see that Jehovah is good." I have tasted and have proved in experience that God gives me Himself in all His gifts.

# *Song of Gratitude*

BLANCHE TROMBLE EVANS

O INFINITE source of all abundance, I give thanks that I have access to all wealth. You provided for me even before I was born, before any man was born. You created the starry heavens and the bountiful earth, the fowls of the air, the fish of the sea, the herbs, the fruits, the harvest, and gave me dominion over them so that I should never hunger or thirst. You are a loving and provident Father, making me the heir to all the sweetness, the fragrance, the beauty, and the usefulness of all things.

Secretly I praise You, and openly I speak Your holy word to bless myself and to bless and heal all those with whom I mingle. I give thanks in my heart that I shall never lack any good thing. I feel it, my heart tells me that it is so, I know it, I know it! It is true for me, and I know it, and it is true for all who know it. Some have not yet awakened to Your all-providence. They may hunger and want, they may pinch and scrimp, they may be lonely and sad, but even now their eyes are beginning to see and their ears are beginning to hear. Someday they shall realize that they have been standing on holy ground, and they have always been heirs to the kingdom.

My special thanks today is a song of praise and gratitude that You have been mindful of me, but not of me alone. I give thanks that Your wealth belongs to each of Your children as an equal heir. It

would lessen my joy if I were the only recipient of Your bounty. How marvelous it is that all may take as much or as little as they desire and measure it out themselves in their own cup of faith. If the faith is small the supply is meager, but that does not change You. Ever You say to us Come unto Me if you hunger and thirst and I will pour you out a blessing that your cup will not hold, I will even run it over if you desire it. And as You fill our cups, You are never depleted. You are all bounty.

Here am I, infinite source of all good, use me as a perfect channel through which good may flow everywhere, in beautiful ways, unhindered by any selfishness on my part. I desire Your good to flow out from me in its virgin beauty, untarnished by any negative or fearful thought of mine. As You are the source of all and I am Your co-worker in bringing good into the earth, teach me, lead me, direct my thoughts, sing through me; and may I so truly exemplify You that people looking at me will see through this channel Your shining face beaming on them, and feel your warm love infolding them and leading them into a conscious oneness with You.

Bless this living, breathing channel. It is Yours wholly, and because I am Yours wholly, and because I am Yours only, and I know that I am, I am a free soul, unlimited by others and limiting no one. For this realization and for the wisdom that makes me love and adore You and all your children, my heart kneels in humbleness before You, while my eyes look upward to You, and my lips smile as I praise and thank You in my thoughts, words, and daily living.

# *"In Everything Give Thanks"*

VAN SCOTEN

LET US GIVE thanks for all the blessings that God, the giver of every good and perfect gift, has bestowed upon us. Everything we have comes from God, from the smallest flower that grows in our garden to the gift of eternal life. Giving thanks should become our daily and hourly offering to God. Our heart should be so filled to overflowing with love and gratitude to the divine giver that we must pour it forth into expression with thanksgiving to Him.

Our whole life must be one grand triumphant paean of praise and thanksgiving. Over and over we are told in the Bible to praise and give thanks to God for His "goodness" and for His "lovingkindness."

"Enter into his gates with thanksgiving." It is well to enter into the presence of God with our heart filled to overflowing with thanks. As we go into the silence and come face to face with our Father all negative conditions fade away into their nothingness, and we stand before God singing praises of thanksgiving for all His blessings to us.

Jesus set us many wonderful examples of giving thanks. We must follow Him and do as He did. Throughout the Gospels we find Him giving thanks first, before asking God for that which He desired. So great was His faith in the Father. He knew that before He asked God had already answered.

You recall how when Jesus raised Lazarus from the dead He first gave thanks, saying, "Father, I thank thee that thou heardest me." After He had given thanks He called Lazarus forth from the tomb, saying, "Lazarus, come forth." Again in the 8th chapter of Mark, when Jesus fed the thousands with a few loaves and fishes, He gave thanks before He broke the bread for His disciples to set before the people.

In everything Jesus gave praise and thanksgiving. He knew the power of thanksgiving to raise a person's consciousness up to the God consciousness where he would become one with the Giver. Giving thanks dispels all doubt, lifting one up into an understanding faith. There can be no doubt in our mind about receiving that which we desire when we first give thanks to the Giver of all gifts.

In *Lessons in Truth* Emilie Cady says: "Speak words of thanksgiving to this innermost Presence, that it has heard and answered, that it does now come forth into visibility. There is something about the mental act of thanksgiving that seems to carry the human mind far beyond the region of doubt into the clear atmosphere of faith and trust, where all things are possible. Even if at first you are not conscious of having received anything from God, do not worry or cease from your thanksgiving. Do not go back of it again to the asking, but continue giving thanks that while you waited you did receive, and that what you received is now manifest; and believe me, you will soon rejoice and give thanks, not rigidly because of a sense of duty but because of the sure, manifest fulfillment of your desire."

In I Thessalonians 5:17 Paul tells us to "pray without ceasing." True prayer is a continuous, unbroken act of praise and thanksgiving. We must let the words "Father, I thank thee" be always upon our lips. Giving thanks immediately makes our prayer an accomplished fact, because it helps us to realize that our need has been answered. When we give thanks we know in our heart that we now have what we desire, because God has already given it to us.

"Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ." Let us learn to sing praises of thanksgiving in His Name. There is power in the name of Jesus Christ. I know a woman whose whole life changed for the better when she started giving thanks in the name of Jesus Christ. She praised and gave thanks for her health even though she was sick; for her material possessions which were old and worn; for food when the cupboard was almost empty; for her prosperity when she really was in need. For even the smallest thing that came into her life she gave thanks with the following statement, "Father, I thank Thee, for this blessing and for all Thy blessings, in the name of Jesus Christ."

In his book *Prosperity* Charles Fillmore says, "We open the way for great demonstrations by recognizing the Presence and praising it, by thanking the Father for spiritual quickening." Know this oneness with God. Feel the words you speak, let them enter into every part of your being. Make them a part of you. Unless you give thanks wholeheartedly, with feeling, letting the words come straight from

your heart and soul they will accomplish little. Let your words be filled with spirit, with the Christ spirit of praise and thanksgiving.

At first it may seem hard for you to give thanks for something before you have received it, but you can overcome this feeling by coming into a clear realization that God is the giver, who has already given you all that you have and all that you will ever have. He cannot give you any more. Your every good is waiting for you to accept. Whatever you give thanks for will come into existence, and a thankful spirit hastens its manifestation.

You may look at your life and say: "Well, I don't believe that God has given me everything, because there is nothing but sickness, poverty, and inharmony in my life. Where is the good that He has given me, for which I am to give thanks?"

Your good is within you in the form of ideas. Search within your own mind and then develop these ideas. Create what you desire. Giving thanks stirs activity within your mind and opens the way for your good to start manifesting itself. Just try it and see how soon after you have given thanks you will feel a great desire to create, to build anew, to succeed. Your whole being will thrill with activity. When you give thanks you are working with a divine principle that awakens the talents within you.

We all want health. If we are not now manifesting perfect health in every part of our body it is because we have departed from the perfect idea of health. Take the idea of health and use it, claim it, call it forth into outer manifestation. We can thank God for all the health that is ours by divine right

even though we may not be manifesting it. We can thank God for what little health we have even though a large percentage of our body is crying out in pain. Yes, we can even thank God that God life is in that part of the body which seems to be in pain, for God is life and life is everywhere because God is everywhere. Let us thank God for this life within and soon all pain will disappear into nothingness and life and health will rise triumphant in every cell, tissue, and organ of our body.

We want prosperity, more wealth, greater security. God has already given us our inheritance. We are surrounded by His substance. It fills every nook and corner of our life and affairs. Use it freely, for God has given abundantly. We can thank God for this substance ever at our disposal, which is only waiting for us to mold it into whatsoever we desire.

Words of praise and thanksgiving have a wonderful effect in harmonizing the affairs of our life. Try praising every person and condition in your life and joyously giving thanks that your life is in divine order and harmony. As you speak words of praise and thanksgiving to God for all His love and goodness feel the quickening presence of Spirit working in and through your affairs.

Everyone wants more love in his life. Give thanks that God is love and that He has bestowed all His love upon us, His children. We have only to take this love and use it by bestowing upon others the same love that He has bestowed upon us. We can never expect to have love unless we give love freely to others. Giving thanks that this love is now expressing itself in us will help us to express more love

to others, and we shall receive a greater love.

Thank God for divine protection. He is always with you. His loving arms infold you and encircle you. His presence is always with you, above you, beneath you, around you, and within you. Nothing can befall you or come near your dwelling. You are never alone, for wherever you are or wherever you go you take God with you. Realize His omnipresence and give thanks with all your heart and soul that you are one with Him.

Let us learn to give thanks for all the little things in life too; for every little act of love and kindness shown us. It does not matter how small the gift is; let us recognize it as a gift from God. God's channels are many and His good can come to us in numerous ways. Thank God for the penny you find on the sidewalk, the pencil someone gives you, the flower some child hands you, for these are all a part of God substance.

It does not matter how little we have in life; we must learn to give thanks for it. Giving thanks will increase the little until it expands a thousandfold, far beyond our expectation. Giving thanks opens new channels for our good to flow to us.

If you have only one room to live in give thanks for it and watch your thankful spirit brighten and gladden the walls and furnishings of it until it no longer seems drab and lonely but filled with joy and sunshine and love.

If your purse is almost empty give thanks for what little you have, knowing that God is now blessing it and filling it with ever-increasing abundance.

If you have but a crust of bread, give thanks for

it and for all the food that is in God's kingdom. Your thankful spirit will open the way for you to receive an abundance of good nourishing food. God hears and answers the prayers of a thankful heart.

Resolve to make your life one beautiful song of praise and thanksgiving. Then will your heart be glad, your body radiant with life and health, your life free from inharmony. You will never know the benefits of praise and thanksgiving until you begin to practice it. Start now. As a little practice exercise take a piece of paper and write down all your blessings. At first you may find it hard to make a long list. I confess that I did. Perhaps you will only find two or three things, but as you keep at it you will no doubt run out of paper, for your "thankful list" will become very long.

Did I hear you say, "But there really is nothing for me to be thankful for." Let us see. Did you remember to give thanks for your flower garden or the pot of geraniums on the fire-escape window sill; for the sun that shines and the rain that falls? Can you imagine living in a universe without the sun and the rain? Don't you think we ought to be very thankful for these gifts of God too? We can give thanks for the song of the little bird in a near-by tree and for the joy we receive from watching the mother robin build her nest and feed her little ones. "In everything give thanks."

Let your praise and thanksgiving to God ever be a song bursting forth from the inner depths of your heart with glad notes of joy, love, and faith. Each moment of the day joyously sing, "Father, I thank Thee for all Thy blessings."

# *Thanksgiving*

FRED A. BARROW

IN NOVEMBER of each year comes our day of thanksgiving to God for all His blessings and all His mercies. On that day many go to church to offer their thanks, while others give thanks in the seclusion of their homes, and still others from the privacy of their hearts but all remember that "every good gift and every perfect gift is from above, coming down from the Father of lights, with whom can be no variation, neither shadow that is cast by turning."

Attributed to an Englishman of the fifteenth century is the following admirable little couplet:

"But whether we have less or more,
Always thank we God therefor."

Gratitude and goodness go together; the ungrateful person can hardly be credited with goodness.

Wrote Benjamin Franklin, "To the generous mind the heaviest debt is that of gratitude, when it is not in our power to repay it." Moreover we cannot repay God in kind for all the bounties He so plenteously showers upon us; but we can repay Him by following the behest of Moses to the Children of Israel, which he gave in the following words: "What doth Jehovah thy God require of thee, but to fear Jehovah thy God, to walk in all his ways, and to love him, and to serve Jehovah thy God with all thy heart and with all thy soul, to keep the commandments of Jehovah, and his statutes, which I command thee

this day for thy good." This exhortation is as applicable to us of today as it was to the Israelites some thousands of years ago.

We have watched with interest a mother bringing up her young son, hearing her time after time tell him to say thank-you for what is given him by anyone. Of course a mere expression of thanks in words does not imply gratitude in the heart, but it is a step in the right direction, and ultimately the "meditation of our heart" comes into accord with the words of our mouth.To develop a sense of gratitude for favors bestowed is part of a Christian education.

We best show our thankfulness for bounties received by actions as well as words, for actions really speak louder than words and more evidently express our thanks.

As Jesus was walking along the border of Samaria and Galilee bound for Jerusalem He met ten lepers who sought to experience His power of healing. Jesus healed them. But only one of the ten returned to thank Him, and he was a Samaritan, and the Great Physician said reproachfully, "Were not the ten cleansed? but where are the nine?" Jesus knew the frailty of the human heart however. One out of ten giving thanks for delivery from a living death!—truly a very small percentage.

Surely we who by the healing power of God have been cured of sickness, or by the same power have been delivered from want, or by the same power have had loved ones restored to us, or by the same power have come to a knowledge of the truth that makes us free, will return thanks to the Giver of all good with full fervor of heart and soul; but

not only upon Thanksgiving Day but every day of our life.

Since God has planned for our happiness, let us spontaneously and constantly give Him our thanks. Let us, in the words of the Psalmist,

"Enter into his gates with thanksgiving,
And into his courts with praise:
Give thanks unto him, and bless his name."

We will give God thanks for our life, for our health, for our reason; we will give Him thanks for the bounteous produce of the earth, which He has given for the use of all men; we will thank Him for the manifold and diverse beauties of nature, which thrill and exalt us, contributing to our happiness and well-being. Wrote Shakespeare,

"God's goodness hath been great to thee:
Let never day nor night unhallowed pass,
But still remember what the Lord hath done."

One evening we stood with some friends on a hilltop in the country. We were facing westward, the sun was sinking, and the sky was aflame with glorious colors which slowly changed. Our little company was silent, awed by the great beauty of the sunset, until a young woman murmured in ecstasy: "Thank God for such glorious and exalting beauty! And thank God that I have sight to see it and a soul to appreciate it!" She stretched out her arms toward the sunset as though to embrace it and pull it to herself. Her face appeared to be transfigured, but she spoke so low that only God and I heard her; and I knew within my soul that God would be glad because of her thanks and that He would bless her more and more. Even we humans

most love to give to those who manifest appreciation for things already received from us.

Yes, we assuredly should thank God for the beauties of His universe. He might have made this a drab and uninteresting universe, but that would not have been in accord with His nature, which is all for goodness and beauty and truth. So we will open our eyes to discern and expand our soul until it appreciates the beauties to be found everywhere in nature—in insects, fish, birds, and beasts, in weeds, flowers, shrubs, and trees, in lakes, brooks, waterfalls, and mountains, and in the starlit heavens. Indeed we will be thankful to God for these manifold and diverse glories and for our privilege to see and appreciate them. "Never lose an opportunity of seeing anything that is beautiful; for beauty is God's handwriting, a wayside sacrament. Welcome it in every fair face, in every fair sky, in every fair flower, and thank God for it as for a cup of blessing."

We also have reason to give thanks to God that this earth is not a barren place but one filled with riches for the use and sustenance of mankind. Upon its surface grow things in abundance for the use of man, trees for lumber, fruits and grains and vegetables in great variety for food, and beneath the earth's surface are to be found coal and oil to give heat and light, iron and copper and tin and other metals to be wrought into tools of service. For these natural products of the God of nature we have high reason to be grateful, and also for our knowledge and ability to make use of them. We will remember these bounties and many others with grateful hearts on Thanksgiving Day. God is good to us.

The Greek moralist, Plutarch, gave us this worthwhile thought: "The worship most acceptable to God, comes from a thankful and cheerful heart." Plutarch, although he lived in the earliest days of Christianity, was not a Christian; but God has vouchsafed wisdom to other than Christian men—and for that we can give thanks! However in this writer's opinion a truly Christian man's gratitude will be as great as is his generosity; and if on Thanksgiving Day we can give of our substance to those in need, then we should be thankful to God for His bounty that enables us to be generous to our neighbor.

Not only on Thanksgiving Day therefore but every day we will give thanks to God for food and clothing for our body and for great and good thoughts that feed our soul. For health or for healing we will offer thanks; for the love of friends and relatives we will be grateful; for the beauties of nature we will offer thanks; for the manifold bounties of earth we will express our gratitude—as well as for our ability to appreciate them; for what education we have received, both civil and religious, we will be thankful; and we will offer thanks for our healthy desire for Truth. But above all will we express our gratitude to God the Father for the advent of His Son, our Lord and Master Christ Jesus, whose teachings we respect and try to follow and whose life we would strive to emulate, even though we know that we shall fall short of His stature.

Individually we every day express our thanks to the Giver of all good things; unitedly, on Thanksgiving Day, we acknowledge His goodness to us and express to Him our gratitude.

# *Christ Maketh Thee Whole*

L. STEVENS HATFIELD

As we read and study the Bible and the life of Jesus we find that He put great stress on perfection, on health, on wholeness. He said, "I came that they may have life, and may have *it* abundantly." Life is synonymous with health. Health is a form of wholeness.

God's idea for the physical body of man—"Let us make man in our image, after our likeness"—is perfection. "And God saw everything that he had made, and, behold, it was very good." Disease and debility are not of God, they are not good, they are creations of man's mind. Man becomes sick through his own will, unconscious of course but nevertheless potent in its corruption of the body. In order to regain his lost health or wholeness man must turn over his entire being to God. He must cut and fit and mold his human likes and dislikes, his needs and wants, his urges to fit the pattern of God's perfection.

If you wish to regain your lost health you must desire God Himself. You must desire His life as epitomized by His Son to become a part of your life, your mind, your body, your affairs. You must desire His thoughts to become your thoughts, His health to become your health. Do not make the mistake of narrowing your desires to what Christ can or might do for you. Forget what you want Christ to do for you and desire only to know Him as the motivating, moving, living part of your body, the in-

telligent thinking of your mind, the health and wholeness and perfection of your entire being, spirit, soul, and body.

Jesus said, "The kingdom of God [of harmony and health] is within you." "The kingdom of heaven . . . is a state of consciousness in which the soul and the body are in harmony with Divine Mind." Harmony means agreement. When your soul and mind are in agreement, divine order is established throughout your whole being and shows forth as perfect health in every part of your body.

Life, health, is consciousness of Christ. "And this is life eternal, that they should know thee . . . and him whom thou didst send, *even* Jesus Christ."

There seems to be a wide spread belief that all sickness of whatsoever sort should be ignored, denied, thought of as vain imaginings. This is not right. The human body is subject to "all manner of disease," and to say that you just imagine that you are sick, that nothing is wrong with you, but fastens the illness more securely. When the disciples failed to cure the epileptic boy Jesus rebuked them, saying, "This kind goeth not out but by prayer and fasting."

Prayer is turning to God and acknowledging Him as our health. One meaning of fasting is to cleanse the body, relieve it for a time of its burden of work so it can become whole and well again. We pray, give thanks to God for healing. We fast, cleanse our body. But we do more than cleanse our body; we cleanse our mind also. To fast means not only to abstain from food; it means also to withhold oneself from negative thoughts. We infer from this that Jesus admonished His disciples to give thanks for

healing and then to fast or abstain from negative thoughts about the one whom they wished to heal.

Sickness is not imagination. When we break the laws of health we become sick. Our body gets upset, thrown out of balance. A cure can be effected only when we acknowledge the error and correct it in our mind. Cure follows confession. There is a sickness of the mind and a sickness of the body that are as closely linked together as bud and flower, yet often they are undiscernable to the unobserving but groping student of Truth, of life.

A student of Truth who since preschool days had worn glasses, which gave her normal sight, decided to take them off and see with the eyes of the Christ. She felt she had faith sufficient to uphold her in this. She leaned on the promise "Ask, and ye shall receive." But her impaired sight, her sudden lack of clear vision began slowly to undermine her health. She was always conscious of not seeing quite well enough. An unconscious strain developed. After two years of living in a hazy world of half sight she became so irritable, so unhappy, so tense that she became alarmed and went to see an optometrist. She stated her case, and the optometrist, being a sensible man of his profession, suggested that she wear glasses part of the time. When she felt the need of them she was to put them on; when she felt that she could get along without them she was to leave them off. She had brought along the last pair of glasses she had had fitted. To her delight the optometrist told her that her new glasses would be at least fifty per cent weaker than the old ones she had worn. As she listened to the optometrist's direc-

tions for wearing her glasses the thought came to her "This kind goeth not out but by prayer and fasting."

The Truth must be clear in the mind before she could outpicture it in the body. She must give thanks for perfect sight and then leave off all negative thinking concerning her eyes. She was sensible enough to follow the doctor's directions even in the face of her friends' questioning of her right to do so. She wore her glasses when she felt she needed them. Her health improved, her crossness vanished, she looks and acts like a different person. She knows now that when she is again reminded to take her glasses off and see she can do so with perfect faith that she is healed.

We have not all reached the stage of acceptance of divine healing. We have not all conquered all the quirks of the human mind. Is it not more sensible to take the gifts that God in His gracious goodness and love has provided for us so that we can live in peace and comfort while we journey toward the goal of perfection? If you need glasses wear them until you have reached the stage in your ongoing where you know you can discard them. Bless them when you put them on and bless them when you take them off and bless your Father for the gift of perfect seeing. It will come through; His promises never fail. If you need an ear phone wear it until you have reached the state of perfect hearing. God must approve of these health aids or He would not have given man the incentive to develop and perfect them. That you wear glasses or an ear phone does not mean that you have given up the thought of being and be-

coming the perfect Son of a perfect Father. It means that you are leaning on the everlasting arms, and when you are able to stand alone your Father-God will walk with you in your new-found joy of accomplishment. He will not desert you when you feel the call to lay aside your mechanical aids and trust to your developed Christed gifts of sight and hearing.

It is not where you are or what you are doing; it is not circumstances that make you sick and unhappy; it is what you hold in your mind about yourself and your circumstances. When you are at peace with your inner world you will find your outer world established in peace and poise and glowing vibrant health, God-given, God-sustained, God-loved.

Try to meet each day with serenity. Put every thought of trouble away from you as soon as it appears. If a worry thought tries to take up its abode in your mind evict it for a thought of love, a thought of Christ. Do not say to yourself: I will not worry. Say rather: Christ is my peace. Christ is my help. Christ is my health. I will walk this day with Him. I will seek His guidance, and He will tell me what I should do. I will keep my heart calm, my nerves relaxed, my every thought stayed on Him. If a negaative thought tries to sneak past the barrier of love I will name it love and let it go. Love is the fulfilling of the law. God is love. In love I am whole and free and unafraid.

Let no unkind, no unloving thought dwell in your mind. Let no unkind, no unloving word pass your lips if you would be whole, sound, and healthy. Think and speak always as though you were in His presence. Christ, the Son of God, your own indwell-

ing Christ, is your healer, your joy, your Lord. He is with you always. You do not need to plead and supplicate and cry after Him. Your need is your call and the promise is "Before they call, I will answer; and while they are yet speaking, I will hear."

I know a woman who considers herself a fine conversationalist. She says often that there is not a dull moment when she is around, she always has something cheerful, something sparkling to say. She talks incessantly answering her own questions as fast as she asks them. An hour with her is more tiresome than a hard day's work. How many of us are like this woman when we seek the Christ? When we think we are praying we are simply talking to ourselves. We answer our own questions. We never give Christ a chance to get a word in edgewise. Christ, your own indwelling Christ, knows your needs. You go to Him to give thanks for what you know He will supply. You believe He hears you when you call. Show your belief by listening to Him. Be as polite with Christ as you would be with a friend or a human instructor. Thank Christ that He has heard your prayer, then rest quietly, respectfully, while He accepts the thanks and tells you what to do. Christed ideas, ideas backed by love and good will, are messages from Christ. When you receive such a message accept it; then rest in the promise "I will restore health unto thee, and I will heal thee of thy wounds, saith Jehovah."

A student who felt she was using up energy faster than it could be returned to her body came to me for help. She told me that in company with others she felt energized, radiant, nervously vibrant,

but when she was by herself she felt let down, unhappy, tired. She felt both states were extremes. What she wanted was poise, a sense of serenity, a feeling of Christ within her. She wanted to radiate Spirit energy, not physical unrest.

I told her to sit quiet, her hands in her lap limp and relaxed, her eyes closed, her body soft and yielding, and to see herself in her mind's eye as she wished to be. I told her now to repeat softly with me: "Christ is telling me what to do. While I listen I feel deep peace. I feel serene, submissive, subdued. I feel relaxed, refreshed, released. My nerves are calm. My body is at peace. My mind is at rest. God is blessing me now."

Suddenly she opened her eyes and looked at me, and when she spoke her voice was low and filled with wonder. "Christ spoke to me," she said. "He told me to ask God for guidance each morning as soon as I awake and to follow that guidance throughout the whole day. I am going to do it."

Several months passed after her visit before I saw her again. When I did, the change in her was startling. Instead of jumping up, walking about, waving her arms, rolling her eyes, and screwing up her face when she talked she now sat relaxed and still, an air of poise, of inner peace and power and health radiating from her. In answer to my inquiry as to what had changed her so much she told me that on the day when she resolved to follow the instructions of her indwelling Christ she had felt led to call upon an old friend that she had not seen for some time. Her friend's husband had been at home and had remained in the room with them,

which made her nervous, as she was not too well acquainted with him. She said she supposed she overdid her nervous mannerisms, for suddenly he had said, "When you roll your eyes like that you look exactly like a half-wit I used to know in South Carolina." The student had felt crushed. The man had fled from the room. His wife had been profuse with apologies that the student did not hear.

At home she had sat down to review what had happened. She had felt insulted, chagrined, angry. She had tried to pray but her mind was a muddle. She had closed her eyes and opened them as a shaft of sunlight struck her desk. In the quiet stillness of her mind she had seemed to hear these words spoken: "Have you forgotten your petition for poise and quiet power and health?" The quiet voice had added: "Would anything but an insult have jarred you into recognizing your ungracious habits? When you asked for help did you want help, or was it just a gesture to gain attention? Do you want poise and inner quiet, strength, and health, or do you want to go on your agitated, tense, tight way?"

The student had been wise enough to see the truth. She had never tried to control her nervous mannerisms, though her family and friends had often remarked about them. It did indeed take an insult to jar her into realizing that she herself would have to break the habit of flinging nervous energy about if she wanted the calm, poised, quiet strength of the Christ. It was not easy to change the habits of a lifetime, but it was done and today this woman sheds the sunshine of peace and glowing health wherever she goes. Her very presence is healing balm.

When you ask God for something, be prepared to accept it in whatever form it comes. If you persist in prayer God will persist in giving you an answer to your prayer.

Fear and worry are the stumbling blocks to perfect health. Instead of fearing the worst and worrying about what you will do when it comes, try to see the thing that is worrying you as it would appear if it were all right. Know that if it can be righted God will do it for you. If it cannot be righted you are wasting your time worrying about it; so turn it over to God and look for the good that He has in store for you.

There are two steps in healing that are musts. The first is faith, belief. When you turn to God for healing you must believe that He can heal you. When the centurion went to Jesus for the healing of his servant his faith in Jesus' power was so deep that he said, "Only say the word, and my servant shall be healed." And Jesus answered: "I have not found so great faith . . . in Israel. . . . Go thy way; as thou hast believed, *so* be it done unto thee." We are then told that "the servant was healed in that hour." Which leads us to the second step, receptivity.

It is not enough to say, "I am healed," with the lips; in the heart and mind you must know you are healed. You must never go back to the old idea that you are sick. You must feel health in your mind until it is outpictured in your body. Never mind if the pain persists for a time; your business is to feel health, to think health, to give thanks for health. Say over and over until it becomes a reality: "God *is* my strength *and* power: *and* he maketh my way perfect."

Perfect health is our "image and likeness." If you are harboring disease in your body you have exchanged the original pattern for a lesser one, a corrupt one, an out-of-focus one. You will never be healthy until you begin living after the original instead of the substitute. Focus your attention on God and feel the quickening power of His spirit becoming alive in you. Once you have given God your whole attention you will feel His Spirit restoring you to harmony and health. You will know that you are healed.

Ill-health is not something to be borne with fortitude and passivity; it is something to be overcome, to be surmounted, to gauge your progress toward perfection by. It is a challenge for you to call into being new forces, new power, new life within yourself. It is a challenge to your spirit. It is as if God were saying to you: Just how much confidence have you in My power, My strength, My love? Jesus said, "Believe ye that I am able to do this?" If belief was lacking so was power to accomplish. The two must go hand in hand.

"Now unto him that is able to guard you from stumbling, and to set you before the presence of his glory without blemish . . . *be* glory, majesty, dominion and power, before all time, and now, and forevermore."

"Arise, shine; for thy light is come, and the glory of Jehovah is risen upon thee."

*If ye have faith . . . nothing shall be impossible unto you.*—JESUS.

# *Acknowledgment of Blessings*

## *Received by Unity School of Christianity*

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Unity School is seeking to help all who are willing to hear and receive its instruction in the practical use of the principles of Christianity in their everyday life and affairs.

Unity School publishes literature, not as a business but to render a spiritual service, to help bring God's kingdom into the earth. Millions of people in all parts of the world are being reached and helped through this literature. God has blessed our literature, and the prayers of countless loyal friends everywhere are being poured out upon it.

The price of the Unity periodicals is the same today as it was sixty years ago. Because the postal regulations require each periodical to have a definite subscription rate, this was fixed at the nominal rate of one dollar a year. Six periodicals are now being published, and the subscription rate on each is still one dollar a year, regardless of present-day publica-

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Thousands of magazine subscriptions and books are being given to hospitals, libraries, and other institutions, and to persons who are unable to send money for them. During the war subscriptions were sent without charge to people in every country where they were permitted to go. There are still some countries from which money cannot be sent. Free literature, including free subscriptions, is being sent to persons in those countries.

*Daily Word* and *Wee Wisdom,* printed in Braille are distributed free of charge to the blind. A magazine is published in the Spanish language to spread the Truth to Spanish speaking people and it also is distributed free.

Our prayer department, which is known as the Society of Silent Unity, gives service without price to every writer of a letter and every caller asking for help. In the Unity work the thought of service always comes before any thought of compensation. We know that the heavenly Father is providing whatever we need, and we have faith that we shall be able to serve countless millions more and bring a knowledge of God's health, happiness, and prosperity into their lives.

Unity publications do not carry advertisements, a source of income out of which many publishers help defray their expenses. Where does the extra money come from that enables Unity to do all these things? God sends in the form of love offerings from persons who feel the urge to help us an abundance to cover all our needs.

We feel that the Lord is pleased with our efforts, for He is sustaining us in all ways. Wonderful letters full of blessings, of testimonies of help received, and of encouragement are coming daily from friends scattered over the whole world. The directors and workers of Unity School therefore take this opportunity to acknowledge these blessings gratefully, giving thanks to God and to the loyal Unity friends throughout the world who are co-operating with us in making this work possible.

May God bless you everyone, and may you be richly prospered in all your ways.

THE BOARD OF TRUSTEES OF UNITY SCHOOL OF CHRISTIANITY ON BEHALF OF ALL THE STAFF

## THOUGHT BY THOUGHT

*Charles Fillmore*

Behold, what God hath wrought!
An ideal man, a perfect man, a mighty man,
Who demonstrates thought by thought
The man supreme whom God hath wrought.

# *Inferiority Complex versus God*

A TRUE EXPERIENCE

KATHLEEN W. WELCH

I SHOULD LIKE to tell of a healing. It is not a healing of a physical ailment but a healing of one of the worst sicknesses of mankind, one that causes untold hours of suffering and heartache for its victim. It is a sickness that has retarded the progress and blighted the lives of millions of men, women, and children all over the world. It is a mental ailment, and its name—"inferiority complex."

For many years, through childhood, girlhood, and young womanhood, I was handicapped and obstructed, rendered inefficient and seemingly stupid by this mental bugaboo. I wasted opportunities, passed up worth-while friendships, and my progress and success were held back considerably until I was led to recognize its only cure.

From early childhood I lived and was educated at a school for girls in England. It was a lovely spot on the English Channel. A broad, winding driveway led up to an old, ivy-covered house surmounted by a square tower and surrounded by terraced gardens. There were tennis courts, croquet lawns, a hockey field, and altogether it was a place in which any girl should have been happy. But I was far from happy. The school was run by two spinster sisters, rather elderly at the time I was there, and a staff of assistant teachers.

The method these two women used in reprimanding their young charges was a deplorable one. I am sure they meant well; they really wished to turn out well-educated, well-mannered, cultured young women. However their method of using sarcasm to wither the slightest presumption, or to reprimand a poor scholar, was the undoing of many a girl who otherwise might have benefited from the really beautiful surroundings and excellent staff of assistant teachers. Many a time I cringed inwardly to the point of tears at some withering, sarcastic remark made to me in front of my fellow pupils. The inevitable result of such mistaken handling was that, although a good scholar and an above-the-average pianist, I left there with such a bad case of inferiority complex that it has taken me years to overcome it.

This is written for the purpose of passing on to others the very simple method by which I finally overcame this mental sickness. So many accomplished and worth-while people are obstructed and held down by it. I know that I for one was made acutely miserable by it in business, and in my social and home life before I found the remedy.

I was always deeply interested in the spiritual side of life. As a child and young woman I was in the habit of praying sincerely but blindly to God, asking Him to fill certain needs. It was always a begging, supplicating prayer, and I don't believe that I ever stopped once to ask myself what I was giving to God to warrant such loving care on His part. However some years ago I began to awaken to the fact that something must be wrong with my religion. I was having financial, physical, and mental trouble.

The afore-mentioned inferiority complex kept me unhappy and restless because, being an intelligent person, I naturally wished to appear at my best when with other intelligent people, and I always seemed to be at my worst. Self-consciousness and nervousness made me quite incapable of showing friends my true self. For no good reason I always felt on the defensive, which, I need hardly point out, quite effectually kept me from showing any trace of sympathetic understanding of other people. So I began asking myself some searching questions. Why was I so inclined to be critical of others? (For paradoxical as it may seem, in spite of my sense of inferiority, or more likely because of it, I was intensely critical.) The answer came reluctantly. Because I was envious of their greater ability to express themselves, while longing with all my heart and soul to be able to express myself as well as they did!

Then I asked myself another question. If I was continually wishing that other people would see me and judge me on the basis of my highest and best self, why was it that I did not try to judge other folks in this way? And this highest and best self, in reality what was it? At this point I remembered Emerson's essay on the "oversoul," and finding it after some difficulty, I read it through for the first time in many years. How beautiful were some of the passages about "that Unity, that Over-Soul, within which every man's particular being is contained and made one with all other; that common heart of which all sincere conversation is the worship, to which all right action is submission; that overpower-

ing reality which confutes our tricks and talents, and constrains everyone to pass for what he is, and to speak from his character and not from his tongue, and which evermore tends to pass into our thought and hand and become wisdom and virtue and power and beauty." Again: "From within or from behind, a light shines through us upon things and makes us aware that we are nothing, but the light is all. A man is the facade of a temple wherein all wisdom and all good abide. What we commonly call man, the eating, drinking, planting, counting man, does not, as we know him, represent himself, but misrepresents himself. Him we do not respect, but the soul, whose organ he is, would he let it appear through his action, would make our knees bend. When it breathes through his intellect, it is genius; when it breathes through his will, it is virtue; when it flows through his affection, it is love."

At this point, a light began to shine in the darkness of my mind. The words of another lover of humanity came to me: "Know ye not that ye are a temple of God, and *that* the Spirit of God dwelleth in you?" "The kingdom of God is within you." The light was glowing brightly now. Was not man created in the image and likeness of God? and was not God love and the Spirit of all good? Then my work was cut out for me, and it was so simple! I must form the habit of seeing man as the "image" of God. I must recognize him as the "temple" of God, and I must do this in spite of appearances, for had not Jesus, the greatest teacher the world has ever known, taught, "Judge not according to appearance, but judge righteous judgment"? Then an-

other flash of light came to me. If it was right for me to think in this way of other people, then it was certainly right for me to think in this way of myself! No more self-criticism, no more self-condemnation, no more belittling of the "temple of the living God"!

From that day on I started to apply faithfully my newly acquired wisdom. I have said that this method is simple, and so it is. But it is far from easy. When dealing with a person who "gets under your skin," or with a "difficult" child, or with a "trying" husband or wife or relative, it is far from easy to claim silently (always silently): *"I see you as a child of God, created in the image of love. I recognize the divinity in you and know it to be your truest, highest, and best self. I refuse to think of you as "only human." You are not. You are spiritual, a temple of the living God."* No, it is not easy, but if persisted in, it is miraculous in its results. Without fail it will heal an inferiority complex. One cannot feel awkward, backward, self-conscious, or on the defensive while silently blessing people, while looking for and seeing the beauty, kindness, and thoughtfulness in them. It is impossible. It is impossible to feel cringing, depressed, unattractive, unsuccessful, or in any way negative while knowing yourself as an image of God, living and moving and having your being in the midst of His love, which created you. Try it and watch yourself change, as well as the other fellow! For he will respond, never fear. He may be unconscious of the forces at work, but something will compel him (or her) to meet you on your own ground, the ground of God, good. When once this

habit is formed, you will find that all sense of inferiority has left you never to return—if you are faithful to your trust.

I have caused the attitude of many persons toward me to change by the simple method of always greeting them with a silent "God bless you!" I have sent out this "God bless you" to people near me, on trains, subways, in hotel lobbies and railroad stations. Many times people have responded with a smile and a friendly nod, not realizing of course why they have been moved to do so. This is a wonderful help to anyone working in a public place, where difficult situations have to be dealt with. It enables one to maintain an attitude of patience and courtesy under the most trying conditions, and therefore makes one a much more efficient and worth-while employee.

It is also a wonderful energy producer and fatigue chaser. One who holds to this silent "God bless you" attitude of mind throughout the day saves himself or herself untold friction and wear and tear on the nerves. (And don't forget to "God-bless" yourself frequently through the day also!) One who has formed the habit of recognizing the divinity within every man, woman, and child, in spite of appearances to the contrary, is protected from the ill effects of hurt feelings, criticism, self-pity, and the hundred and one other weaknesses of the human self. The higher self looks for and finds the higher self in others, and in this way tolerance, understanding, and vision are deepened and broadened. If you will sincerely try out this idea, you will find that really worth-while friendships will be formed;

your mental world will be a much more beautiful place than you ever thought possible, and that old sickness inferiority complex will have completely disappeared, and you will have learned to let God, the source of all love, wisdom, beauty, and right achievement, work through you to His glory.

## *Thanksgiving Day*

*Grace Noll Crowell*

Let the earth rejoice and let the heart be glad.
Let this Thanksgiving Day be filled with praise
And gratitude for the blessings we have had
Throughout the days.

May it be a day of earnest, sincere prayer,
A day to speak with God as friend to friend,
To thank Him for His loving care
To the year's end.

And let us listen quietly apart
To hear His voice; for He will surely speak
His clear command to every waiting heart.
And let us seek

To know His will, which is always safe and right,
Which is always best. Oh, this Thanksgiving Day
Let us go forward guided by the light
Shed on our way!

# Sunday LESSONS

*These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.*

*Lesson 5, November 2, 1947*

UNITY SUBJECT—*Solf-Dominion.*

INTERNATIONAL SUBJECT—*Christian Speech and Conduct.*—James 3:1-6; 4:4-10.

1. Be not many *of you* teachers, my brethren, knowing that we shall receive heavier judgment.

2. For in many things we all stumble. If any stumbleth not in word, the same is a perfect man, able to bridle the whole body also.

3. Now if we put the horses' bridles into their mouths that they may obey us, we turn about their whole body also.

4. Behold, the ships also, though they are so great and are driven by rough winds, are yet turned about by a very small rudder, whither the impulse of the steersman willeth.

5. So the tongue also is a little member, and boasteth great things. Behold, how much wood is kindled by how small a fire!

6. And the tongue is a fire: the world of iniquity among our members is the tongue, which defileth the whole body, and setteth on fire the wheel of nature, and is set on fire by hell.

4. Ye adulteresses, know ye not that the friendship of the world is enmity with God? Whosoever therefore

would be a friend of the world maketh himself an enemy of God.

5. Or think ye that the scripture speaketh in vain? Doth the spirit which he made to dwell in us long unto envying?

6. But he giveth more grace. Wherefore *the scripture* saith, God resisteth the proud, but giveth grace to the humble.

7. Be subject therefore unto God; but resist the devil, and he will flee from you.

8. Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye doubleminded.

9. Be afflicted, and mourn, and weep: let your laughter be turned to mourning, and your joy to heaviness.

10. Humble yourselves in the sight of the Lord, and he shall exalt you.

GOLDEN TEXT—

*Let the words of my mouth and the meditation of my heart*
*Be acceptable in thy sight,*
*O Jehovah, my rock, and my redeemer.*

—Psalms 19:14.

SILENT PRAYER—*Before I speak let me take thought for Truth, for love and kindness, that my words may express these things.*

It is not given to everyone to teach others except by the power of example, a form of teaching that none but the recluse escapes. Everyone must however learn to control his life by harmonizing his will with the divine will, exercising dominion first over himself and next, through the power that this victory develops, over his environment and circumstances until these are transformed in accordance with his hopes,

desires, and endeavors. Mental and moral training consists largely of self-discipline. The poise that results from thorough command of one's thoughts and words is one of the first marks of the cultured person.

The child whose education is beginning is given only one item at a time to master. The adult who aspires to self-dominion likewise will do well to undertake one thing at a time and not all aspects of dominion simultaneously. "In many things we all stumble," but by concentrating on one thing at a time we may hope for success. The first lesson in self-dominion is control of the tongue. This would seem to be the most difficult of all, but since self-dominion is bound up with our social status our primary need is to control our communication with others.

To control our words we must control our thoughts. To this end the habit of forethought is essential, and to forethought a consciousness of our overruling ideal is indispensable. To be conscious of the thought of God with us is to solve the problem of forethought easily and fully. Where consciousness of God has not been developed, the control of the tongue is a difficult matter. "The tongue can no man tame"; no man who is ruled altogether by the sense self.

As a bridle is a very small curb for a horse and a rudder a tiny part of the ship that it directs in its course, so the tongue is a comparatively small part of the body, mind, and soul of a human being. Back of it however are the mighty faculty of will and the instinctive power of desire. With these two forces

the tongue, lacking other spiritual support, is helpless to cope. To lift will and desire from the realm of sense to that of Spirit is the only sure means of controlling the tongue.

The tongue is likened to a fire, a spark of which may start a devastating conflagration and set off destructive explosions. To prevent the striking of such a spark in the inner realm the law of love may be invoked, and the law of enlightenment may give substantial aid. "Death and life are in the power of the tongue." Also "the tongue of the wise is health." Love tames the tongue effectually, and wisdom trains us to take forethought and to speak the right word in due season.

That our words can bring us health or disease is an old thought but one that we have not always made our own and proved. We can prove it by always speaking constructively, thinking of ourselves as in good health, and by living rationally and normally. James says that he who controls his words is a perfect man. Perfection is worth all it costs in practice and perseverance, and a full measure of both these is required.

Those who speak truth to friends or loved ones and falsehood to those whom they dislike are polluting the source of self-dominion, as are those who make use of words of love and kindness to others but who think and speak of themselves as sick or discouraged or powerless to perform their duties. We cannot be double-minded and expect success in our undertakings. Humility makes one content to learn concentration and consecration to one goal, one task. Control of our thoughts and words is a task

sufficient to engage our full powers. Love in the heart and the habit of faith and hope in the daily outlook on life bring forethought within our reach and make victory attainable.

QUESTIONS

1. How is dominion over the self gained?
2. Why is the control of our words so important?
3. How can we control our thoughts?
4. What powerful forces ordinarily control the tongue?
5. How are they rendered harmless?
6. In controlling our speech how do the faculties of love and wisdom rate?
7. Is single-mindedness a factor in our success?

## *Lesson 6, November 9, 1947*

UNITY AND INTERNATIONAL SUBJECT—*Disciplined Living.*—I Pet. 1:13-23; 4:1-5.

13. Wherefore girding up the loins of your mind, be sober and set your hope perfectly on the grace that is to be brought unto you at the revelation of Jesus Christ;

14. As children of obedience, not fashioning yourselves according to your former lusts in *the time of* your ignorance:

15. But like as he who called you is holy, be ye yourselves also holy in all manner of living;

16. Because it is written, Ye shall be holy; for I am holy.

17. And if ye call on him as Father, who without respect of persons judgeth according to each man's work, pass the time of your sojourning in fear:

18. Knowing that ye were redeemed, not with corruptible things, with silver or gold, from your vain manner of life handed down from your fathers;

19. But with precious blood, as of a lamb without

blemish and without spot, *even the blood* of Christ:

20. Who was foreknown indeed before the foundation of the world, but was manifested at the end of the times for your sake,

21. Who through him are believers in God, that raised him from the dead, and gave him glory; so that your faith and hope might be in God.

22. Seeing ye have purified your souls in your obedience to the truth unto unfeigned love of the brethren, love one another from the heart fervently:

23. Having been begotten again, not of corruptible seed, but of incorruptible, through the word of God, which liveth and abideth.

1. Forasmuch then as Christ suffered in the flesh, arm ye yourselves also with the same mind; for he that hath suffered in the flesh hath ceased from sin;

2. That ye no longer should live the rest of your time in the flesh to the lusts of men, but to the will of God.

3. For the time past may suffice to have wrought the desire of the Gentiles, and to have walked in lasciviousness, lusts, winebibbings, revellings, carousings, and abominable idolatries:

4. Wherein they think it strange that ye run not with *them* into the same excess of riot, speaking evil of *you:*

5. Who shall give account to him that is ready to judge the living and the dead.

GOLDEN TEXT—*Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.*—I Cor. 10:31.

SILENT PRAYER—*The Christ in me accomplishes its work.*

The consecration of a former age has become the concentration of the present. Regardless of terminology the truth remains that complete devotion to the ideal of one's life is essential to progress in

spiritual living. He who would express the Christ in his daily life must keep his eye single to the good, must reinforce his aspirations by thinking creatively or constructively (girding up the loins of his mind), be in earnest in his efforts (sober), and set his thoughts on what he wishes to realize. ("Set your hope perfectly on the grace that is to be brought unto you at the revelation of Jesus Christ.")

As the Christ is revealed to us as an indwelling union of love, wisdom, power, and prescience, we understand that by faithfully taking thought we too can be one with the divine as Jesus was. "Be ye yourselves also holy in all manner of living." Humility is required in this undertaking, for it is an undertaking in which the whole being, mind, soul, and body, must be engaged.

Before we can lay valid claim to divine sonship it is required of us that we rely entirely on divine law in directing our life, making no concessions to man-made law, no matter what the stress to which we may be subjected. If we "call on him as Father," we must establish the relation of a son to Him by our Godlike thought and behavior. Our behavior must be in harmony with our profession of faith if the latter is to mean anything.

The only legitimate exercise of the emotion of fear on our part is to take care not to fall short of adequate expression.

Blood is a token of life. The blood of Jesus Christ is the life of the Christ principle, poured out in lavish expression of Truth by him who aspires to Christhood. Jesus Christ, the perfect-idea man, expressed the divine principle perfectly.

We are not redeemed by material possessions. Saving grace and power must come from within us. The incorruptible Christ power lays hold of our imagination, fires our desire, strengthens our will to emulate the example of Jesus. The perfect existed before the imperfect, being "foreknown . . . before the foundation of the world" as an idea in Divine Mind.

Faith is a divine quality and proves our origin to be spiritual, not material. Hope is likewise divine, and the Christ way lends impetus to both, "that your faith and hope might be in God."

Love is the mightiest power in the soul of man, and until it is purified through obedience to the ideal of disinterested service it is unsafe for anyone to harbor or express it. The fervent love of the impersonal heart heals the ills of men and unites them in a bond of mutual understanding.

The word of God is the creative power that begets the pure thought of Spirit. He who uses this word experiences the second birth and becomes a spiritual being, quickened to consciousness of a realm that the flesh has no means of perceiving.

When we arm ourselves with the Christ mind we discipline our thinking as well as our living until we are able to avoid falling short of the mark. When we are willing to "suffer in the flesh" if need be in order to overcome the self, we are making progress in self-discipline, and in time we shall be free to express the "will of God" and no longer be subject to the vacillations of our own will.

1. How do we "gird up the loins" of our mind?
2. Is it outer sobriety that is enjoined upon us in this lesson or is it sobriety in our quest of spiritual consciousness?
3. How can we be one with the divine, as Jesus was?
4. Can we by our thought and behavior make ourselves sons of God?
5. Is fear a legitimate emotion for any one to entertain?
6. What was "foreknown . . . before the foundation of the world"?
7. What makes love a safe power for us to express?

## *Lesson 7, November 16, 1947*

UNITY SUBJECT—*The Creative Approach.*

INTERNATIONAL SUBJECT—*Building Christian Character.*—II Pet. 1:5-11; Jude 1:17-21, 24, 25.

5. Yea, and for this very cause adding on your part all diligence, in your faith supply virtue; and in *your* virtue knowledge;

6. And in *your* knowledge self-control; and in *your* self-control patience; and in *your* patience godliness;

7. And in *your* godliness brotherly kindness; and in *your* brotherly kindness love.

8. For if these things are yours and abound, they make you to be not idle nor unfruitful unto the knowledge of our Lord Jesus Christ.

9. For he that lacketh these things is blind, seeing only what is near, having forgotten the cleansing from his old sins.

10. Wherefore, brethren, give the more diligence to make your calling and election sure: for if ye do these things, ye shall never stumble:

11. For thus shall be richly supplied unto you the en-

trance into the eternal kingdom of our Lord and Saviour Jesus Christ.

17. But ye, beloved, remember ye the words which have been spoken before by the apostles of our Lord Jesus Christ;

18. That they said to you, In the last time there shall be mockers, walking after their own ungodly lusts.

19. These are they who make separations, sensual, having not the Spirit.

20. But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Spirit,

21. Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

24. Now unto him that is able to guard you from stumbling, and to set you before the presence of his glory without blemish in exceeding joy,

25. To the only God our Saviour, through Jesus Christ our Lord, *be* glory, majesty, dominion and power, before all time, and now, and for evermore. Amen.

GOLDEN TEXT—*As therefore ye received Christ Jesus the Lord,* so *walk in him, rooted and builded up in him.*—Col. 2:6, 7.

SILENT PRAYER—*The incorruptible substance of the Christ mind fills my thoughts, and I abide in the consciousness of All-Good.*

The idea that because we believe Jesus Christ died on the cross and rose again from the dead we require nothing more to make us perfect is one that is not borne out by the Scriptures, neither does it accord with the law of life. In passages supplementary to the text of today's lesson, following the statement "Seeing that his divine power hath granted unto us all things that pertain unto life and godliness, through the knowledge of him that called us by his

own glory and virtue," Peter sets forth in detail the part that is ours in claiming this divine grant. Through the great promises of God he says that we "may become partakers of the divine nature, having escaped from the corruption that is in the world by lust."

As we read of our part in bringing the great promises into realization we see that we are meant to earn them and thereby appreciate them at their full value. No one is born again into the spiritual world with the proverbial silver spoon in his mouth. He is reborn as he fulfills the conditions of regeneration.

Of these conditions the first is diligence; not an occasional spurt of zeal followed by a relapse into the indifference or inanition of the race mind. We are to add "all diligence," that is, make diligence our habitual attitude. This requires, as it also engenders, a quickening of our faith. "In your faith supply virtue." We are to have faith in the clean, the pure, the uplifting thoughts and aspects of life. Not only are we to develop moral excellence; we are to exhibit the courage of our convictions, the strength of a clean, upright character, the rectitude that is based on long-established principles. Virtue is a far-reaching gift of God, a gift that we take only as we qualify ourselves to express it.

Of itself virtue brings knowledge or consciousness of uprightness. The knowledge of what is right, of what creates orderliness and beauty in life, is not to be underestimated, for it goes far toward establishing our serene confidence in the truth that the universal life is dominated by the overguiding will of All-Good, that life has meaning and purpose.

Convinced of the meaning and purpose of life, we are assured that if we are to carry them forward, we must control our vagrant thoughts and impulsive deeds. Self-control is essential to us, and in developing it we develop patience also. Patience in turn leads us to develop godliness, for which we would have scant time otherwise. Godliness is closely related to brotherly kindness, into which it is easily converted, and the latter flowers in love.

It will be noted that whereas the development of the first traits comes with effort and without too much joy, the development of others grows progressively easier. When all are well developed a certain result becomes obvious; "they make you to be not idle nor unfruitful unto the knowledge of our Lord Jesus Christ." The idle life is not the expression of the Christ life. Jesus worked steadily, so steadily at times that He had no opportunity even to take needed food. To be privileged to add to the general knowledge of the ideal life (that of the Lord Jesus Christ) by causing others to see the Christ similarly expressed in us, is a rare fulfillment of the divine promise.

The entrance into the kingdom of heaven is thus thrown open to us. In other words, we make sure of our own calling and election in the realm of Spirit just as we make sure of success in the business world by application, perseverance, and a high degree of devotion and intelligent practice of the rules governing success.

The high standard of perfection set by the Father we reach by keeping ourselves in the love of God. Since faith is spiritual substance it makes a good foundation on which to build ourselves up. To build

on the faith that God is all-good is to provide ourselves with an enduring basis of life and character. It is to become aware of the "glory, majesty, dominion and power" of the Christ in whose consciousness we live and move.

QUESTIONS

1. Do we become partakers of the divine nature without conscious effort on our part?
2. In order to experience spiritual rebirth what conditions must we fulfill?
3. In what are we to place our faith?
4. Does one condition, when fulfilled, make the next easier to fulfill?
5. Is it possible for us to keep ourselves in the love of God and thus reach the standard of perfection set by Divine Mind?

*Lesson 8, November 23, 1947*

UNITY AND INTERNATIONAL SUBJECT—*The Way of Love.*—I John 2:7-11, 15-17; 3:13-18.

7. Beloved, no new commandment write I unto you, but an old commandment which ye had from the beginning: the old commandment is the word which ye heard.

8. Again, a new commandment write I unto you, which thing is true in him and in you; because the darkness is passing away, and the true light already shineth.

9. He that saith he is in the light and hateth his brother, is in the darkness even until now.

10. He that loveth his brother abideth in the light, and there is no occasion of stumbling in him.

11. But he that hateth his brother is in the darkness, and walketh in the darkness, and knoweth not whither he goeth, because the darkness hath blinded his eyes.

15. Love not the world, neither the things that are in the world. If any man love the world, the love of the

Father is not in him.

16. For all that is in the world, the lust of the flesh and the lust of the eyes and the vainglory of life, is not of the Father, but is of the world.

17. And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

13. Marvel not, brethren, if the world hateth you.

14. We know that we have passed out of death into life, because we love the brethren. He that loveth not abideth in death.

15. Whosoever hateth his brother is a murderer: and ye know that no murderer hath eternal life abiding in him.

16. Hereby know we love, because he laid down his life for us: and we ought to lay down our lives for the brethren.

17. But whoso hath the world's goods, and beholdeth his brother in need, and shutteth up his compassion from him, how doth the love of God abide in him?

18. *My* little children, let us not love in word, neither with the tongue; but in deed and truth.

GOLDEN TEXT—*Follow after love.*—I Cor. 14:1.

SILENT PRAYER—*As I express love in my dealings with others I learn the way of the Christ and realize that I am one with God.*

The old commandment that we love God with our whole heart, soul, mind, and strength, and our neighbor as ourself still holds. Its validity can never be questioned, for that it is the way of life is obvious to every unprejudiced person. The new commandment is a new interpretation of the old to meet the thought of a new age. The love of God for us is the love that the soul must feel if it is to realize oneness with the universal life. The love that we feel for

others in our heart, is the love that makes us one with all men in the bond of brotherhood.

We are beginning to understand, dimly perhaps but unmistakably, that our part in making life an expression of the divine will is to refrain from all condemnation of others and love them instead. Nothing is so disarming as love, and at the same time nothing is so provocative of the effort to excel in the working out of perfection. Whoever loves us puts us under an obligation to be our best, to put our best foot forward when with him. We cannot allow anyone who loves us and who sees the ideal in us to be disillusioned by seeing us as less than he takes us to be. We must live up to his vision of us. "The darkness is passing away, and the true light already shineth." This is the light of Truth, the light that dissipates error and reveals reality.

Hate befogs the vision, impairing it until it can form no true image of the object on which it is fixed. To understand another person is impossible where hate intervenes, for it obscures the better side of human nature, which in the sight of God is the true side. Love is creative, for even where there is no obvious perfection it creates an aura of perfection, inspiring the loved one to respond in kind as he breathes the free air of confidence and trust instead of the breath of suspicion and dislike.

In sense consciousness love is represented as blind, in that it cannot see the shortcomings of the loved one. In spiritual consciousness love is clear-sighted, for it chooses its object with painstaking care. To love the world or the things that are in the world is to fall short of the love of God. To love

the truth that is at the heart of every human being is to call forth Truth instead of error and allow error to sink out of sight and be lost to consciousness. "The world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever."

Life is of God, and everyone who loves life at its highest and best loves God. To love life means more than to have enthusiasm for life's experiences. It is to love life wherever we see it expressed, as much in others as in ourselves. "Whoso hath the world's goods, and beholdeth his brother in need, and shutteth up his compassion from him, how doth the love of God abide in him?" If we satisfy another's hunger as readily and gladly as we do our own, regardless of whether he has any claim on us in a worldly sense or not, we know divine love.

The putting aside of criticism and condemnation of others and the holding of kindly thoughts instead deepens and broadens our sympathies, putting us in harmony with the Spirit of the Christ.

The world concedes power to the intellect, but intellectual power does not compare with the power of love. The intellect of man is powerless to establish peace in the world, but wherever love is made manifest peace reigns as a matter of course. Hatred destroys all brotherly feeling, leaving men strangers to one another.

To "love in word" is to open the way to easy self-deception as well as deception of others. Love gains nothing through lip service but everything through real, disinterested service. Its best expression is action; its next best is prayer and forethought for the beloved. Divine Mind outlines the path to God

through the heart of mankind.

QUESTIONS

1. What is the new commandment, as contrasted with the old?
2. How does love dissipate spiritual darkness?
3. How does hate affect understanding?
4. Is spiritual love blind or the opposite? Why is it so?
5. What is it to love life?
6. Why should we not love in word? How best is love expressed?

*Lesson 9, November 30, 1947*

UNITY SUBJECT—*Tests of the Christ Life.*

INTERNATIONAL SUBJECT—*Who Is a Christian?*
—I John 4:15-21; 5:10-13; II John 4-6.

15. Whosoever shall confess that Jesus is the Son of God, God abideth in him, and he in God.

16. And we know and have believed the love which God hath in us. God is love; and he that abideth in love abideth in God, and God abideth in him.

17. Herein is love made perfect with us, that we may have boldness in the day of judgment; because as he is, even so are we in this world.

18. There is no fear in love: but perfect love casteth out fear, because fear hath punishment; and he that feareth is not made perfect in love.

19. We love, because he first loved us.

20. If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, cannot love God whom he hath not seen.

21. And this commandment have we from him, that he who loveth God love his brother also.

4. I rejoice greatly that I have found *certain* of thy

children walking in truth, even as we received commandment from the Father.

5. And now I beseech thee, lady, not as though I wrote to thee a new commandment, but that which we had from the beginning, that we love one another.

6. And this is love, that we should walk after his commandments. This is the commandment, even as ye heard from the beginning, that ye should walk in it.

GOLDEN TEXT—*He that hath the Son hath the life; he that hath not the Son of God hath not the life.*—I John 5:12.

SILENT PRAYER—*I seek always to obey the perfect law.*

Jesus represents God's idea of man in expression. The Christ is the man that God created, the perfect-idea man, and is the real self of all men; Jesus Christ is this Christ self brought forth into perfect expression and manifestation. Whoever grasps the truth that such perfection is possible in human form becomes capable of realizing and expressing it in degree, for to understand Godlikeness is to have something of Godlikeness in one's own heart and soul.

To believe that we are the repositories of divine love fills the heart with joy and peace. To know that love "in us," in ourselves, is to gain confidence in the divine nature and assurance that we have a part in the life of God. As the creative power of divine love becomes active in us we put our devotion to the good to work in our life and affairs. Our purpose in perfecting ourselves in the consciousness of the divine is to establish in ourselves a state of confidence that does away with self-consciousness and leaves us free to do unhindered the work of the

Father. "Perfect love casteth out fear," and we need not fear that we are presumptuous in claiming that we are sons of God, that we abide in God, and that God abides in us, if we succeed in becoming conscious of God as the motive power of our life.

To love our brother is to think of him in the same way that we think of ourselves. Hate in the heart for any human being destroys the equilibrium that makes love of God possible. So long as we hate or even dislike people we cannot love God. As light and darkness cannot exist together in the same inclosure so love and hate cannot occupy the same heart, for the heart is a unit, and its unity cannot be disrupted. We are told that "even sinners love those who love them," but such love has in it nothing of the divine.

One proof of our divine sonship is the fact that we crave more complete and perfect expression of our better nature than we have yet attained. This craving is more than the mere "wish fulfillment" of the psychologists. It is a witness or evidence of that which we are destined to become through the power of rightly directed desire.

"He that hath the Son hath the life." He that has the Son has the will and the patience, the vision and the intelligence, the faith and the courage to express the will of the Father in his daily thought and conduct. He lives according to his faith, and since faith in God is also of God, it must issue in the life that is of God; that is, life eternal and full of glory. Perfection of expression is proof positive of one's entrance into eternal life, since only that which is perfect can endure.

To walk in Truth is to live according to principle in thought, word, and act. The love that is founded on principle is spiritual in its nature, and to act on principle is the final proof that character is founded on the bedrock of spiritual reality.

The soul is preoccupied with love, therefore the apostle John defines Christian love for the lady to whom he writes. It is not mere sentiment. On the contrary it is the active keeping of the commandments. "If ye love me, ye will keep my commandments." "This is love, that we should walk after his commandments." The love of the Christ is a positive quality, leading us to think of others, to love God and the Christ in them, not to think of ourselves or desire that others love us. The self and selfish considerations are absent from spiritual love. Those who have accomplished most in the uplift of the world have been unconscious of the demands of the self, conscious always of God and of the needs of their fellow men.

A "way" is a means to an end, and those who succeed in finding the Christ way "walk in it." Their faith and love are the outfitting of life and are given constant use.

QUESTIONS

1. What is the real self of all men, and how is it realized?
2. How do we do away with self-consciousness?
3. Why do we not feel presumptuous in claiming to be sons of God?
4. Can we love God at the same time that we hate another human being?
5. What proofs of our divine sonship have we?
6. What leads us to keep the commandments?

# Silent UNITY

*It is given unto me to praise the Spirit of wisdom within me, and I know.*

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

*Address your request to Society of Silent Unity, 917 Tracy, Kansas City 6, Mo. Cable address: Unity, Kansas City.*

**Give your full name and address**

# *Prayers* ANSWERED.....

*These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.*

## *I Will Come and Heal*

LAST MARCH, just two months before my baby was born, I was stricken with pneumonia, and in a few hours I was near death. My sister had been trying to reach my doctor unsuccessfully and was trying to obtain a room for me in the hospital through another doctor. It seemed that nothing constructive was being accomplished, and my condition was becoming exceedingly grave.

Then my sister remembered that through Unity help would be on the way as soon as a telegram was dispatched. She called Western Union and tearfully repeated her message. The Western Union operator said, "Listen, my dear, God is everywhere and is with us always, and your sister is going to be all right." Within ten minutes the doctor called and said that he had obtained a room for me and the ambulance was on the way. During my illness many people prayed for me, and I not only recovered completely but was fortunate enough to keep my baby, and now I have a perfect little son. —*Mrs. F. T. S., Indiana.*

WHILE USING our present prosperity bank we have received a substantial reduction in our rent, with no effort on our part.

We felt sure that our rent was too high, but as there was no other available place, we had to accept this. What was our surprise when the landlord lowered it for us.

We always receive some extra blessing while using our bank; material and spiritual also, and I feel sure you are interested in these blessings which come to us.—*Mrs. E. O. T., Florida.*

THIS IS to say thanks for my prosperity bank and for the prayers that must have been prayed for me. Almost immediately upon receiving my bank my prosperity advanced. I was offered a nice job at hours I could handle in view of the fact that I have two small children. Later another job was offered me that I could accept. So I feel I have been wonderfully blessed.

The friends to whom I sent *Weekly Unity* are finding it quite helpful in their daily lives.—*Mrs. A. H. R., Texas.*

SINCE I received this last prosperity bank my son has been awarded a four-year college scholarship, I have received an increase in salary, and the family has found a lovely little home to rent.

I have had many banks, and each one brings with it an abundance of blessings. I guess you can understand why I just must have another one at your earliest convenience.—*M. T., West Virginia.*

INCLOSED is a check for two dollars for the renewal of subscriptions for UNITY and *Daily Word*.

In April, 1943, I was told by a navy doctor that I had probably less than a year to live and would never leave my bed. I started studying and applying the Unity principles to my condition. Today I am back in civilian life, working, and holding the office of commander of my post of the American Legion. The Unity teachings alone, I am sure, were responsible for my recovery, and I sincerely pray God's richest blessings upon all of you in this splendid work.—*E. T. G., California.*

I THANK YOU for all your prayers. In the six years that I have been studying Truth my entire life has changed. From a little weak, scared, sick woman I have become a successful, healthy, prosperous businesswoman.

I was a middle-aged woman left penniless. I did not know which way to turn. I knew nothing about business or how to earn a living. A friend sent me a copy of *Daily Word,* and from that day I have gone forward. I placed my hand in God's and asked Him to guide me. I "let go" and followed.—*D. N., California.*

THANK YOU for the many prayers. I know they have helped, as our home life is much more harmonious. By using Truth statements and affirmations I have improved my spiritual understanding, my outlook on life is much happier, and I radiate and reflect this, I am sure.—*Mrs. H. W. Z., Iowa.*

## *Filled with Plenty*

SOME TIME AGO my mother wrote and asked you to pray for me to find a better position than what I had. Not even a few days had passed when I was employed by the most wonderful firm in the position I had always longed for. I want to thank you from the bottom of my heart.—*G. Z., Illinois.*

SOME TIME AGO I wrote to you asking for prayers to help my husband and me clear up some debts. God's light has shone for us. We are healthy and happy. My husband has a job in which he makes good, and God has shown me the way to help too. We are slowly getting out of debt.

For all your prayers to bring this about, you have our everlasting gratitude.—*Mrs. E. S. P., Texas.*

## *My Help Cometh from Jehovah*

I AM RENEWING my subscription for UNITY. I would not want to be without it for a single day. I find much comfort and help in all my daily problems. I always pass along to others my copy when I have read and studied it.—*K. M. B., Washington.*

I HAVE had UNITY for two years now, and I don't ever want to be without it again. It has done so much for me. Three years ago I had a nervous breakdown, and it was Unity that healed me; so I am truly thankful to Unity and God, the divine healer. May God bless Unity for all the good it is doing. —*Mrs. J. S., Illinois.*

## *His Truth Is a Shield*

A SHORT time ago I wrote to you asking that our business be put on your prayer list. We had a long-term lease on the building we were occupying, so we spent a considerable sum in remodeling the place.

Six months ago our landlord passed on, and through a small error in the lease the heirs were able to break the lease so they could sell. Our town is very small, and there seemed no place for us to move. It was then that I put the matter in God's care and wrote to you.

Out of a clear sky my husband was sent for by a man that owns one of the best buildings in town and one we had often admired. This man said he was going to retire, and as he had heard about our predicament we could have his building. It is needless to tell you how happy we were. We signed the lease with our new landlord this morning, and my heart is filled with love, and I thank God for His great gift.—*Mrs. L. A., Washington.*

## *Study to Be Quiet*

IN THIS letter I wish to say that our prayers have been answered. During the summer, while in school at Atlanta, Georgia, I asked you to pray with me for success in my undertakings. I am happy to say that when a few weeks ago I received my grades I found that I had been rated at the top of each one of my classes. Through prayer I was able to attain the goal that I sought. I plan to continue studying during the winter. Please continue to pray with me.—*E. E. J. F., South Carolina.*

# HELP *from Silent* UNITY

*These are extracts from letters that Silent Unity has written to those who have asked our help in finding and obeying the divine law of life.*

I wish to know why I seem to have almost no love bestowed upon me? I radiate love and lavish it abundantly. I should like to have a real true friend who would love me sincerely.—*From a letter received by Silent Unity.*

Your letter reveals your deep sincerity, and we can understand how you have felt after praying for so long for happiness. We know you deeply desire love and companionship and we want to help you have the happiness that God intends you to have. We are praying faithfully for your happiness, success, and prosperity, but we also want to suggest ideas to help you in co-operating with God.

At the close of your letter you ask, "Why don't I get real results?" We can appreciate how you have felt, but it occurs to us that perhaps you may not always keep in mind the fundamental ideas underlying prayer. Prayer is not for the purpose of asking God for some specific outer blessing in the form of a material thing, as if He were reluctant to bless you. Prayer is fundamentally for the purpose of bringing your mind and heart, your thoughts and your emotions into harmony with His love and wisdom so that they may be expressed fully through you to bring forth any needed good.

You asked about getting results. You always get

results when you pray to Him for He always responds to your thinking and feeling. When you do not seem to have complete happiness, it is not because prayer has failed; it is only because you have not quite attained the harmony with God that is essential in bringing forth greater good.

Any lack that you have felt in your life would be related to your consciousness (your thoughts and your feelings). God has placed within you the power to master all things. He is ever with you to help you, but He can only help you when you co-operate with Him by right thinking and feeling. Your good letter reveals that your thoughts and feelings are already on a high plane, but perhaps you may lack wisdom in some of your thoughts and actions. The expression of love in human relations is always welcome, but it must be accompanied by wisdom if it is to accomplish its purposes and bring forth the greatest good. We suggest that you pray especially for wisdom so that you may co-ordinate all of your thoughts and feelings and work efficiently with God to obtain blessings in your life.

How do I get healing through prayer? I have been praying for twenty years and my healing has not come.—*From a letter received by Silent Unity.*

Since a large part of your letter is about a physical condition, we shall present some ideas that may help you in expressing the health that is your divine birthright. You mention having the condition "for the past twenty years or more," and we can understand how you have felt discouraged when you have

prayed with diligence and sincerity. It is possible though that when you have prayed you have thought so much about the power of God that you have not given proper attention to your own part in the establishment of health in your body. While God is all-powerful in healing, He always works according to your thoughts and emotions. Your thoughts and emotions can limit Him or they can co-operate with Him in His work in you.

A condition of many years' duration would be involved with habits of thinking and acting that would need to be changed to open the way for His complete healing activity in you. So when you pray ask God to give you wisdom and show you what changes you need to make in your consciousness, in your thoughts, emotions, and actions. It is impossible for you not to receive healing when you attain harmony with Him, which you do through prayer and consecration to Him. Even though you have prayed many times, turn again to Him lovingly and let Him reveal the way of health to you.

I do not understand what you mean when you say that God is Spirit.—*From a letter received by Silent Unity.*

Your letter reveals your sincerity, and we can appreciate how perplexed you have felt in your thoughts about God as Spirit. We know that as a schoolteacher you have perhaps been accustomed to defining everything in exact terms to your students, but when one turns the mind to the "deeper things of Spirit" it is not always possible to put every idea

in exact terms. When we speak of God as being Spirit, we do not have in mind an exact picture but an idea, an idea without any particular form. We think of Him in terms of ideas rather than in terms of visible appearance, just as we would think of divine love as an idea and not some kind of form. So we do not visualize God when we pray, but we direct our mind to the ideas, the divine ideas that we associate with Him. We think of Him, for instance, as being wisdom, life, love, intelligence, power, substance. When there is a reference in our literature to meeting "God face to face," it is not intended to imply that we think of Him as a person; it only means that we must turn away from all thoughts of limitation when we pray so that we may come into close contact with Him.

When you pray, you should not have a mental picture of God, for you do not need to pray to Him as if He were a large person in the sky to whom you must appeal for aid. Your prayer is not to ask Him to bless you as you would ask a favor of a friend. Your prayer is to bring your mind and heart into harmony with the divine so that God may work through you to accomplish the desired or needed blessing. You need not be concerned because at present you cannot give a complete description of God to your mind, for as you continue to pray your understanding of Him will increase and you will sense the deeper aspects of Truth more through feeling than through reasoning. Since God is infinite in His nature, it is easy to understand why it is not possible to define Him in exact terms, for He is greater than any definition.

# UNITY CENTERS

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

*Birmingham*—Mabel Daughtry, 406 N 22

ARKANSAS

*Little Rock*—Mary Wayman, 108 Linwood

ARIZONA

*Globe*—Sarah Lightle, 117 E Oak

CALIFORNIA

*Alhambra*—Gertrude Hall, 204 S 2
*Bakersfield*—Della Shutts, Brower bldg
*Berkeley*—Susanna Scott, 2401 Dwight
*Beverly Hills*—Ruth Rae, 107 N Robertson
*Burbank*—Harriet Sunday, 152 E Palm
*Canoga Park*—Nannie Highnote, 22133 School Craft
*Compton*—May Butterworth, 115 N Chester
*Fresno*—Alice Stokes, 171 Blackstone
*Glendale*—Geraldine Johnson, 119 S Kenwood; Mary Adams, 724 South
*Hayward*—Anita Williamson, 638 First St
*Hollywood*—Rose Schneider, 1162 N St Andrews
*Hermosa*—May Butterworth, 77 17th
*Inglewood*—Maude Galpin, 226 E Spruce
*Long Beach*—Louise Newman, 935 E Broadway
*Los Angeles*—Ernest C. Wilson, Norma Knight Jones, 635 S Manhattan Pl; Nina Fisher, 3010 Palm Grove; Emma Luke, 2120 S Union; Dollee Phillips, 2215 7th Ave; Alfred Williams, 1256 W 7
*La Crescenta*—Dollee Phillips, 4004 La Crescenta
*Monrovia*—Irene Malloy, 201 E Lime
*North Hollywood*—Joseph & Mildred Haggerty, 5019½ Lankershim Blvd
*Napa*—Helen Wade, Churchill manor
*Oakland*—Alma Morse, 1433 Madison
*Pasadena*—William Stack, 60 N Mich
*Pomona*—Max Flickinger, 249 W Monterey
*Redlands*—Dr. H P Nicholls, 618a W Olive
*Riverside*—Katherine Sweaney, 3614 Ninth
*Rosemead*—Ethel C Turner, 1608 S Rosemead
*Sacramento*—Naomi Anderson, Blanche Evans, IOOF hall
*San Bernardino*—Dr & Mrs H P Nicholls, 763 D St
*San Diego*—Marie Fleming, 1944 30th
*San Francisco*—Robert Hulbert, 25 Fulton; Ethel Higgins, 111 O'Farrell
*San Leandro*—Barbara Lyon, 561 Lafayette
*Santa Cruz*—Alice Hopkins, 151 Garfield
*Santa Monica*—Sue Sikking, 1418 2d
*Santa Rosa*—Helen Wade, 426 Mendocino
*South Gate*—Edna Drebert, 2653 Santa Ana
*Studio City*—Herbert J Schneider, 12355 Moorpark
*Taft*—Della Shutts, 631 North
*Vallejo*—Helen Wade, Vallejo Women's Club
*Van Nuys*—Mary Hider, 14416 Victory
*Whittier*—Louise Newman, 410 S Greenleaf

COLORADO

*Denver*—Mabel Beech, 1555 Race
*Pueblo*—Edith Wilshire, YWCA

CONNECTICUT

*Bridgeport*—Helene Kersten, 610 Fairfield
*Hartford*—Harriet Gilbert, 926 Main
*New Haven*—Bonnie Adams, Hotel Taft

DISTRICT OF COLUMBIA

*Washington*—Margaret & E Roy Feldt, New Colonial hotel

FLORIDA

*Clearwater*—Louise Beaty, Chamber of Commerce Auditorium
*Daytona Beach*—Mary D Huck, 128 Broadway
*Jacksonville*—Rose Emery, 220 E Monroe
*Miami*—May Stoiber, 128 SE 3
*Orlando*—Carolyn Parsons, 503 S Orange
*St Petersburg*—Louise Beaty, 646 5 ave S
*Tampa*—Ruby Wagner, Louise Ramey, 413 Grand Central
*West Palm Beach*—Fannye Treaster, 440 Datura

GEORGIA

*Atlanta*—Kathryn Boyce, 160 Peachtree N W

HAWAII

*Honolulu*—Marie Handley, 240 Lewers rd

IDAHO

*Boise*—Christopher Scott, Pinney bldg

ILLINOIS

*E St Louis*—Florence Schaefer, Broadview hotel
*Chicago*—W I & Anna Hoschouer, 306 S Wabash; Nellie McCollum, 64 W Randolph; Edith Reynolds, 116 S Michigan; Janet Beaudry, 410 S Michigan; Margaret Halsey (col) 104 E 51; Henrietta Gorden (col) 4307 S Michigan
*Decatur*—Maud Kellogg, 317 W Decatur
*Rockford*—Eric Butterworth, Empire bldg
*Springfield*—Eva Conover, 709 S 7th

INDIANA

*Ft Wayne*—Cleo Lee, Court and Berry
*Gary*—Margaret Cain, YMCA
*Indianapolis*—Margaret Strable, Claypool hotel; Frederick Andrews, 8 E Market
*Kokomo*—Lydia Simpson, 314 W Walnut

IOWA

*Cedar Rapids*—Unity, 1015 2 Ave SE
*Des Moines*—Betty Stitt, 3118 Grand
*Sioux City*—Elizabeth McClaughry, Insurance Exchange Bldg
*Waterloo*—Irene Duncan, 324½ E Fourth

KANSAS

*Hutchinson*—Nona Kerfoot, 316 W 15th
*Topeka*—Harriet Pfouts, Jayhawk hotel
*Wichita*—Carl & Lois Moran, 3241 Victor

KENTUCKY

*Covington*—Clara Conway (col) 114 W 11th

*Louisville*—Maebel Carrell, Cecilia Cardwell, Theresa Rehm, 1322 S 4; Ruth Cox (col) Pythian temple

LOUISIANA

*New Orleans*—Elois Echlin, 4720 Cleveland; Lillian White, 604 Canal

MAINE

*Portland*—Unity, 562 Congress

MARYLAND

*Baltimore*—E Roy Feldt, Emerson hotel

MASSACHUSETTS

*Boston*—John Baughman, 30 Huntington

*Cambridge*—Edna Titus, 881 Massachusetts

*Worcester*—John Baughman, Academy bldg

MICHIGAN

*Ann Arbor*—Marie Munro, 310 S State St

*Bay City*—Roxie Miller, YWCA

*Birmingham*—Virginia Shipley, 148 S Woodward, Rm 215

*Detroit*—Herbert Hunt, Maccabees bldg; Otto Fishburn, 4221 Eastlawn; Virginia Shipley, 410 Capitol Theater bldg; James Elliott (col) St Antoine YMCA

*E Lansing*—Roxie Miller, 224 Abbott

*Flint*—Edmund Risk, 1019 Detroit

*Grand Rapids*—Ida Bailey, 63 Jefferson

*Kalamazoo*—Amy Moffett, 209 W Dutton

*Lansing*—Harvey and Ida Best, Olds hotel

*Pontiac*—Eve Edeen, 72½ N Saginaw

*Royal Oak*—Unity, 101 S Troy

*Saginaw*—Edmund Risk, Walnut at Genessee

MINNESOTA

*Minneapolis*—Lila Ranney, 2300 Hennepin

*St Paul*—Nellie Hohenwald, New York bldg

MISSOURI

*Jefferson City*—Amanda Clibourn, 319 Ash

*Kansas City*—Louis E & Ethel Meyer, 913 Tracy; Ida Palmer, 3510 Forest

*Lee's Summit*—Nettie Wyatt, Unity Farm

*Lemay*—Julia McKee, 284 Lemay

*Springfield*—Unity, 224 W State

*St Joseph*—Osla Jones, 12 and Felix

*St Louis*—Elsie Abbott, 119 N 7; Hilda Eilers, 3616 Bates; Florence Brummer, 4621 S Kingshighway

MONTANA

*Billings*—Mary Wessel, Northern hotel

*Bozeman*—Mary Wessel, Baxter hotel

*Butte*—Mary Wessel, YMCA

*Great Falls*—Unity, Columbia bldg

*Livingston*—Mary Wessel, Elks hall

*Missoula*—Maidie Van Etten, 200 E Pine

NEBRASKA

*Lincoln*—Unity, 138 N 12

*Omaha*—C N & Hallie Broadhurst, YWCA

NEVADA

*Reno*—Robt & Fay Caswell, 847 University

NEW JERSEY

*Montclair*—Gladys Stevenson, 11 S Fullerton

*Newark*—Edith Berry, Berwick hotel

*Plainfield*—Helen Zagat, Babcock bldg

NEW MEXICO

*Albuquerque*—Mina Stevenson, 1219 W Tijeras

NEW YORK

*Albany*—Marian Hoagland, YWCA

*Binghamton*—Unity, Arlington hotel

*Brooklyn*—Ella Pomeroy, 3 Albee sq

*Buffalo*—Lillian Matthews, 271 Delaware

*Flushing*—Adele Woodruff, 135 42 40 rd

*Forest Hills*—Adele Woodruff, Forest Hills Inn

*Ithaca*—Unity, 113 S Cayuga

*Jamestown*—Lillian Matthews, YWCA

*New Rochelle*—Ethel Nickelsen, Huguenot YMCA

*New York*—Georgiana West, 1 W 47; Crichton Boatright, 500 5 ave; Josephine Siemon, 400 E 59; Stella Wrenn, 853 7th ave; Courtenay Johnson (col) 2523 7th Ave; Nanna Sutton (col) 137 W 110

*Rochester*—Elise Rosenburg, Seneca hotel

*Roslyn Heights*—Adele Woodruff, 58 Mineola

*Schenectady*—Marian Hoagland, United Scottish Organizations bldg

*Syracuse*—Mae Lundahl, 110 Onondaga ave

*Troy*—Marian Hoagland, 27 4th

*White Plains*—Ocoa Moore, 3 Greenridge

OHIO

*Akron*—Mary Dunning, Jessie Maloney, 34 S High

*Alliance*—Unity, 242 E Main

*Canton*—Mary Dunning, 203 6th NW

*Cincinnati*—William & Polly Quinn, Masonic Temple; Effie Smith, Erna E Wissman, 3047 Madison

*Cleveland*—Earl & Martha Anthony, Hotel Cleveland

*Columbus*—Dale & Donna Newsum, 50 W 5 Ave

*Dayton*—Ethel Crouch, Canby bldg

*Hamilton*—Louise Tahse, 117 Ross

*Marietta*—Orilla Werner, 424 Front

*Marion*—Mercedes Fossler, YWCA

*Springfield*—Nora Elliott, 19½ S Limestone

*Toledo*—Wallace Tooke, 1623 Broadway

*Warren*—Everett St John, 167 Main S W

*Youngstown*—Everett St John, Home Sav & Loan bldg

OKLAHOMA

*Tulsa*—Grace Kehrer, 714 S Boston

*Oklahoma City*—Alice & Schuyler Cronley, Midwest bldg

OREGON

*Eugene*—Cleoda Dawson, 1569 Oak

*Portland*—Marion Lance, 811 NW 20

PENNSYLVANIA

*Philadelphia*—Margaret Feldt, St James hotel

*Pittsburgh*—Ruth Gilpin, 233 Oliver

TENNESSEE

*Memphis*—Omer Hodgman, 1911 Madison

*Nashville*—Susan Smartt, 1816 Broad

TEXAS

*Amarillo*—Eugenia Lane, Blackburn bldg
*Dallas*—Ruth Gillespie, 2030 Commerce
*El Paso*—Mabel Peck, Gardner hotel
*Fort Worth*—Ruth Gillespie, Texas hotel
*Houston*—Lillian Brass, Rice hotel; Corine Smith (col) 1302 Schwartz
*San Antonio*—Mary Myles, Maverick bldg

WASHINGTON

*Bremerton*—Marion Brown, 925 Park
*Kennewick*—Beulah Scott, Arrow Grill
*Seattle*—Myron & Estelle Key, Arcade bldg
*Wenatchee*—Beulah Scott, Columbia hotel
*Yakima*—Beulah Scott, 109 S 4

WEST VIRGINIA

*Charleston*—Daisy Daggett, Daniel Boone hotel
*Huntington*—Daisy Daggett, Hotel Frederick

WISCONSIN

*Beloit*—Eric Butterworth, 1347 White
*Racine*—Lu Verna Bauer, 423 S Main
*Milwaukee*—Elmer Gifford, 208 E Wisconsin

CANADA

*Calgary*—Unity, 221A 8th ave W
*Edmonton*—Unity, 13 Labor temple
*London*—Unity, 496 Dundas
*Regina*—Unity, Thompson blk
*Toronto*—Donald O'Connor, 17 Queen
*Winnipeg*—Edna Bowyer, Russell Kemp, 360 Young

ENGLAND

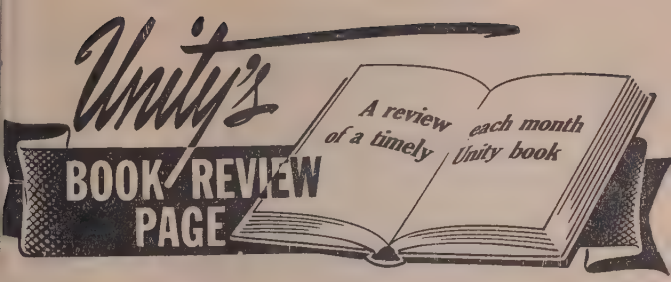
*London*—Parker Drake, Ruth Hacking, 6 Stanhope Terrace, Bayswater Rd London, W 2
*Iver Heath*—Dora Johnson, Ellesmere, Slough rd
*Easington Village*—Thomas W Merrington 11 Sea View, Co. Durham
*Sunderland*—Thomas W Merrington, 18 Waterloo pl, Co. Durham

## The Purpose of Unity

Unity School of Christianity is a religious educational institution teaching the use of the Jesus Christ doctrine in everyday life, and is not a church. However in disseminating the teachings of Unity, based upon the Bible and especially upon the teaching of Jesus Christ, teachers have formed independent organizations for study and worship, and these organizations have evolved into groups called centers, societies, assemblies, and churches. These groups are a part of the Unity fellowship and work in close cooperation with the Unity School of Christianity, but Unity is not a denomination nor a sect. Those who study the Unity teachings and who attend a Unity church are free to keep their affiliation with any church they desire.

The Unity teachings explain the action of mind, the connecting link between God and man. They explain how the mind affects the body, how it brings man into an understanding of divine law.

Accept what, in the Unity teachings, appears to you to be Truth, and withhold judgment on the remainder until you understand it better.




# *Lovingly in the Hands of the Father*

By Evelyn Whitell

Evelyn Whitell found in real life the material from which she wrote her book *Lovingly in the Hands of the Father.* The demonstrations recorded by her were made by men and women as they went about their everyday affairs. She gives them to her readers in story form, which makes them doubly interesting and helpful.

One story tells how a woman employed in menial work desired to find an administrative position in a large hotel and how she was helped to see that a joyous, successful future was possible for her. The woman soon experienced a change of attitude, and her opportunity came. As she transformed her life she kept always at hand the affirmation: *"I place myself and all my affairs lovingly in the hands of the Father with a childlike trust. That which is for my highest good shall come to me."*

This story and eight others equally enlightening and inspiring make up this Truth book, which is ideal as a gift to friends to whom the Truth teaching is new.

*Lovingly in the Hands of the Father* is priced at $1 a copy.

# *Appearing in Other Unity Magazines This Month*

## *The Golden Rule Works*

J. C. Penney's mother "walked and talked with God." His father preached and farmed with deep devotion to both callings. In this environment of serious purposes and ideals J. C. Penney, successful ready-to-wear chain-store owner, grew and developed. He was schooled from childhood in the practice of the Golden Rule, which he has used in business since his first money-making venture of raising pigs. Mr. Penney's application of the Golden Rule to living and to business is related in two *Good Business* articles by Dr. Thomas Tapper. The first is entitled "The Challenge of a Great Principle" and appears in the November issue.

## *The Power of Decision*

"As we observe the lives of persons who are successful and happy we see that they have learned to accept the responsibility of making decisions. It is not difficult to see also that those who refuse to make decisions sometimes fail to receive the good that is rightfully theirs," writes Ralph Rhea in his *Daily Word* article "The Power of Decision." Mr. Rhea, a member of Silent Unity, explains that fear may cause us to procrastinate in making a decision, or it may cause us not to recognize the right choice. He recommends affirming oneness with divine intelligence and praying for guidance. After praying about it we should not be afraid of making any decision, for we know God will be with us as wisdom and understanding.

## *Enjoy the Privilege of Giving*

The law "Give, and it shall be given unto you" is the theme of Charles Carson's article "Good Is Where You Are," appearing in *Progress*. Mr. Carson relates an interesting incident in his life that illustrates the truth of this law and shows that it is a privilege to follow it. No matter who you are or where you are, Mr. Carson says, the opportunity to help others and give to others is an ever-present one—and a privileged one.

## *Things Pile Up*

*Wee Wisdom's* story entitled "Things Pile Up," by Bula Hahn, has a Thanksgiving theme. It is both interesting and educational and teaches a practical lesson to boys and girls about being thankful for all things that "pile up," even when they seem to be disappointing. Roger and Sally Ann, in the story, discover that good things can also pile up once a person starts to be thankful for all things.

## *Single Sentences Aren't Enough*

Elizabeth Neilson in her article "The Repaying" in the November 2 issue of *Weekly Unity* explains that we cannot live a Christian life by following just a single sentence of Christ's teaching. We must consider all of it before we try to apply it. She shows that two laws are the basis of all His single sentences: Love God with all your heart, and love your neighbor as yourself. She gives interesting examples of how these two laws can be applied to many problems that we meet in everyday life. This article contains much practical and worthwhile instruction.

# Unity Books and Booklets

| | | |
|---|---|---|
| *For Beginners* | Beginning Again — standard only | $1.00 |
| | God a Present Help — de luxe $2; standard | 1.00 |
| | God Is the Answer — standard only | 1.00 |
| | How I Used Truth — *Russian, Spanish, Dutch* | 1.00 |
| | Lessons in Truth — standard only | 1.00 |
| | Lessons in Truth — *Russian, Spanish, Dutch* | 1.00 |
| | Letters of Myrtle Fillmore — de luxe $2; standard | 1.00 |
| | Lovingly in the Hands of the Father — standard only | 1.00 |
| | New Ways to Solve Old Problems — de luxe $2; standard | 1.00 |
| | Six-Day Healing Practice, A — *Spanish* $.10; *English* | .25 |
| | Great Physician, The — standard only | 1.00 |
| | Mental Equivalent, The — *German* $.10; *Russian* | .10 |
| | Whatsoever Ye Shall Ask — de luxe $2; standard | 1.00 |
| *For Healing* | Christian Healing — de luxe $2; standard | 1.00 |
| | Divine Remedies | .50 |
| | Jesus Christ Heals — standard only | 1.00 |
| | Truth Ideas of an M. D. — standard only | 1.00 |
| | You Can Be Healed — de luxe $2; standard | 1.00 |
| *For the Home* | Meatless Meals — cloth | 1.50 |
| | You and Your Child — de luxe $2; standard | 1.00 |
| *For Prosperity* | As You Tithe so You Prosper | .50 |
| | Both Riches and Honor — standard only | 1.00 |
| | Prosperity — de luxe $2; standard | 1.00 |
| | Prosperity's Ten Commandments — standard only | 1.00 |
| | Working with God — standard only | 1.00 |
| *For Inspiration* | Best-Loved Unity Poems — standard only | 1.00 |
| | Finding the Christ *Russian, German, Swedish* $.10; *English* | .25 |
| | Have We Lived Before? — de luxe $2; standard | 1.00 |
| | Mightier than Circumstance — standard only | 1.00 |
| | Sunlit Way, The — standard only | 1.00 |
| | Unity's Fifty Golden Years — paper | 1.00 |
| *For Devotion* | Bible, American Standard Edition | 5.00 |
| | Book of Silent Prayer | .50 |
| | Contemplation of Christ, The | .50 |
| | Effectual Prayer — standard only | 1.00 |
| | Silence, The | .50 |
| | Unity Song Selections — cloth | 1.00 |
| *For Advanced Study* | Christ Enthroned in Man — de luxe $2; standard | 1.00 |
| | Know Thyself — de luxe $2; standard | 1.00 |
| | Metaphysical Bible Dictionary | 5.00 |
| | Mysteries of Genesis — de luxe $2; standard | 1.00 |
| | Mysteries of John — standard only | 1.00 |
| | Talks on Truth — standard only | 1.00 |
| | Teach Us to Pray — de luxe $2; standard | 1.00 |
| | Twelve Powers of Man, The — standard | 1.00 |
| | What Are You? — de luxe $2; standard | 1.00 |

*Greeting Booklets*

| | | | |
|---|---|---|---|
| Are You Getting All You Want from Life? | .10 | He Passed This Way | .10 |
| Be at Peace | .10 | Holy Bread | .10 |
| Breath of Immortality | .10 | Land Is Bright, The | .10 |
| Challenge of the Down, The | .10 | Life Is Consciousness | .10 |
| Christmas Spirit, The | .10 | Mental Equivalent, The | .10 |
| Daily Resurrections | .10 | Prayer of Prayers | .10 |
| First Things First | .10 | Protecting Presence, The | .10 |
| Gift Imperishable, The | .10 | Recipes for Living | .10 |
| Gifts for the Christ | .10 | Song of Life, The | .10 |
| Great Helper, The *French, English* | .10 | Way of Faith, The | .10 |
| God Is Blessing You Now | .10 | Where Blessings Begin | .10 |
| | | White as Cotton | .10 |

(12 copies of these booklets for $1. Envelopes included)

| | | |
|---|---|---|
| *For Children* | Jet's Adventures | 1.00 |
| | Jet and the New Country | 1.00 |

# NEWS from UNITY

## *Unity and Christmas*

The year of 1947 has brought the Unity message into the life of countless new friends in this country and in other parts of the world. Their letters indicate an ever-increasing awareness that the world must abolish its material concepts of security, must turn from the gold-and-might standard to one of God and right.

With Christmas at hand many, many Unity students will give Unity gifts, knowing that they are giving gifts of a greater value than can be computed in dollars and cents. They know that a Unity gift can uplift the consciousness and implant a vision of abundant living.

In previous years we have made suggestions as to how you could help us serve the thousands who wish to give Unity books and magazines to their friends. We offer the following suggestions to you this year. By observing them you will help us, and you will be assured of having your order filled on time:

1. Order early—*order now.* Then allow plenty of time for your order to reach you.

2. Make sure you give us the complete name and address of every person to whom you wish us to send your gift books and magazines. Also make sure that you have listed the book or magazine you wish each person to receive. Your order may be delayed when we must write to you for this information.

3. Should your December and January issues of any of the Unity periodicals not arrive on time—because of the great amount of mail being moved during the holidays—be assured they will reach you. A very, very small percentage of mail passing through postal channels is ever lost.

Order early. *Order now!*

## *New Greeting Booklet*

The latest Unity greeting booklet is just off the press. It is *The Gift Imperishable,* by H. Lee Jones. The booklet begins with an account of how a little girl met the disclosure that Santa is a myth. She said she was happy about it, because "Edith told me all about Jesus, and I like Him

lots better . . . Santa Claus always made you wait a year to give you anything at all, and Jesus will give you anything you want every day."

Thus the true spirit of Christmas was revealed to the heart of a child. From her reaction we can draw guidance and inspiration. As we become aware that the spirit of Christmas abides with us all through the year we see that the continuous interchange of spiritual gifts is more precious than the one-day exchange of material gifts. Other well-told incidents are included in this booklet. *The Gift Imperishable* is listed on the Books and Booklets page of this magazine.

## *Gift Subscriptions for Unity Magazines Bring Peace and Understanding*

A friend in Montana writes: "A friend subscribed for *Weekly Unity* for me, and I feel that today life would be quite meaningless without Truth. I try to live Truth, and now I know and do the things that I formerly hoped and wished I knew and could do."

A friend in New Jersey writes: "*Daily Word* is a great inspiration to me, and the friends for whom I have subscribed for it all report that they have received much help from their daily reading. One says that it is wonderful to know that so many other persons in different parts of the world are reading the same daily message and praying the

same prayer."

A friend in Maryland writes: "When *Progress* arrives I sit right down and read the complete issue before I stop reading. It makes me thrillingly aware of God and

all His goodness to me."

A friend in Minnesota writes: "A gift subscription for *Unity* is one of the greatest blessings I have ever known."

A *Good Business* subscriber writes: "Ever since my mother presented me with my first subscription for *Good Business* I have tried to incorporate its teachings into my work of selling life insurance. During the first year I nearly tripled the sales quota set for me by my company."

## *Peace Is Our Heritage*

"Peace is the innate desire of all mankind. . . . When man has peace with God everything else in his life falls into a beautiful symmetry —spiritual growth, circumstances, health, relations with other persons," writes Helen Douglas Fligh in her article "Heritage of Peace," which

will appear in the December issue of *Unity* magazine. Mrs. Fligh recommends that we accept peace now, for peace with God is a fortress against all threats to our happiness and well-being. Peace is our heritage, because Jesus brought it to us: "My peace I give unto you," He said. We accept our heritage of peace by accepting Jesus' promises of good, of supply for every need, and by depending on our spoken word of Truth.

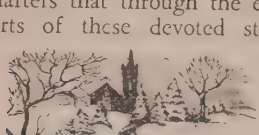
## *Books for Children*

Unity publishes two books for children, *Jet's Adventures*

and *Jet and the New Country.* Bula Hahn, the author, originally wrote the stories for *Wee Wisdom.* They were well received by the children, and it was decided to publish them in book form. *Jet's Adventures* is about the covered-wagon journey of the Stockwells, a pioneer family, from comfortable surroundings in the East to a bare homestead out west. The sequel, *Jet and the New Country,* is about life in the West, the first schools, Indian playmates, and early-day juvenile fun and responsibility. These books appeal to children from eight to thirteen years of age and are listed on the Books and Booklets page of this magazine.

## *Unity in Germany*

For several years a Truth-minded businessman and his wife translated and published quantities of Unity literature in Germany. Recently word has reached Unity headquarters that through the efforts of these devoted stu-



dents many, many copies of *Lessons in Truth, What Are You?,* and small Unity booklets reached the German army. In fact the demand was so extensive that it could scarcely be met. Although the Gestapo ordered the destruction of all Unity books and pamphlets, a number of students were able to preserve some copies, which were cherished through the remaining dark and trying war years.

Friends in France and Germany now report that Germany is awakening to its soul hunger and is seeking a spiritual foundation for living, a condition that was suppressed during the war.

Our good friends, the publishers of Unity literature in Germany, did not survive the war, but their publishing company is being re-established by a relative who has expressed his desire to co-operate with Unity headquarters in publishing Unity literature in German. His most pressing problem at present is that of securing paper.

Unity believes that all students desire to see the Truth message flourish in Germany as never before. By invoking the power of prayer let us know that God supplies the paper and other items essential to the spreading of His Truth. Let us unite in affirming: *God supplies all needs abundantly for spreading His message in every land.*

## *Six Unity Books for $5*

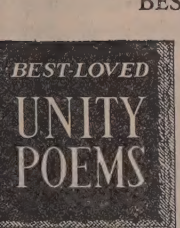
In planning your Unity Christmas order remember the

special offer of six $1 Unity books for $5. Although this offer is in effect throughout the year, it is especially helpful at Christmas time to Unity students who like to send Unity books as gifts.

Unity will mail gift books direct to your friends if you desire.

# *Two Unity Books That Belong on Your Christmas Gift List*

## BEST-LOVED UNITY POEMS




"An inspiring collection of Truth poetry presenting a wide range of thought in stimulating, soul-stirring poems," writes one Unity student in commenting on this volume of 181 poems by 112 Unity authors. Whether the persons on your gift list are Truth students or not, they are sure to welcome this volume of Truth poems arranged according to subject matter: peace, work, renewing of the mind, hope, comfort, the seasons, and holidays.

*Best-Loved Unity Poems* is attractively illustrated, is bound in handsome black keratol, and is gilt stamped.

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## EFFECTUAL PRAYER

Frances W. Foulks presents prayer as a science, yet as a natural, soul-with-God communion that makes a reader readily receptive to his good. Regardless of his church affiliation, any friend is sure to welcome this book as a gift. The subject of prayer is covered extensively in Part I. Part II is devoted to meditations and statements for 100 specific needs, such as fear, nervousness, paralysis, and so on. The meditations and statements of Part II are examples of scientific prayer and guide the reader to a correct application of the instructions in Part I.

*These books are priced at $1 a copy and may be purchased at your local Unity center or by writing direct to*

UNITY SCHOOL OF CHRISTIANITY, 917 TRACY, KANSAS CITY 6, MO.

## For Your Christmas Order from Unity Use the Form Below

The books announced on the preceding page and your list of favorite Unity books and magazines should suggest appropriate Unity gifts for your friends and loved ones. Books ordered sent to them direct will be packed in holiday wrappings and an attractive gift card bearing your name will be inclosed. Likewise each magazine gift subscription will be sent with an announcement stating that it is a gift from you. Both magazines and books are held in our office and mailed just in time for Christmas.

Be sure to designate on the order blank below the name of the book or magazine you wish us to send to each friend. You may either send payment with your order or you may ask for a Prosperity Bank in which to save the amount of your purchase.

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Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Fill my Christmas order as follows: ☐ I inclose $..... to pay for my order. ☐ Send me a Bank in which to save for my order.

Send (book or magazine) .....

To .....

Street .....

City ..... *State* .....

Send (book or magazine) .....

To .....

Street .....

City ..... *State* .....

SENDER'S NAME .....

Street .....

City ..... *State* .....

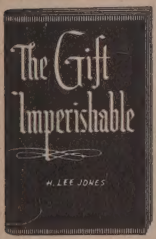
Please indicate postal zone number, if cities are so divided.

u-11-47

# say *Merry Christmas*
## with Unity Greeting Booklets

You may be sure that a cheerful, inspiring Truth message goes to your friends in the Unity greeting booklets you send them. Unity greeting booklets are artistic, colorful, and printed on fine paper. They are 3¾ by 5⅞ inches in size and with them come attractive mailing envelopes requiring only one cent postage

### NEW BOOKLET FOR CHRISTMAS, 1947




**BY H. LEE JONES**

Christmas should be more than a one-day celebration, declares H. Lee Jones, who presents some interesting thoughts on this subject in his booklet. Appropriate and entertaining incidents enhance the booklet and make it entertaining, instructive, and inspirational.

### OTHER GREETING BOOKLETS

**Are You Getting All You Want from Life? The Christmas Spirit, First Things First, God Is Blessing You Now, Holy Bread, Life Is Consciousness, The Mental Equivalent, The Protecting Presence, Prayer of Prayers, Recipes for Living, Song of Life.**

Order your Unity greeting booklets now so that you can have them in time to send to your friends. (Booklets are sent to you for remailing; we do not address them individually to your friends.) Price of the booklets, 10 cents each; 12 assorted (your selection or ours) for $1.

**Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.**

Father, I turn to Thee with a thankful heart. I am grateful that Thou art ever in the midst of me, a loving help in my every need, a generous provider of all good things, a companion and a light in all my ways.

I thank Thee for Thy presence ever with me. It is my anchor and my stay; it is my inspiration and my joy.

I thank Thee for hearing my smallest whisper, for knowing my inmost thoughts. I thank Thee for what I am in Thy sight. I thank Thee for letting Thy light shine through me that I may see my every problem as it should be seen and know the way to its right solution.

I thank Thee for Thy love, which forgives my mistakes and teaches me to understand and forgive the mistakes of other persons.

I thank Thee for the beauty of Thy world. My heart rejoices in every evidence of Thy goodness that I see. Thy Truth is everywhere; Thy love is everywhere; Thy Spirit pervades all persons and all things. I thank Thee, Father.

*—Esther Freshman*